



Training

Skihütte Rodt 1.12.2024

O.L.G. St. Vith ARDOC

Guido LENGES

O.L.V. Eifel

Strecke : H:01

Länge : 6200m

Zeit : 0:43:37 (7'02"/km)

1/8

O.K.

[Vollständige Ergebnisse auf Webres](#)

2. Noah BACKES 0:49:12
3. Johannes HOCK 0:55:49

1.	218	00:01:24		240m	5'50"/km
2.	219	00:03:37	00:05:01	392m	9'14"/km
3.	215	00:02:15	00:07:16	360m	6'15"/km
4.	220	00:01:56	00:09:12	309m	6'15"/km
5.	210	00:03:44	00:12:56	525m	7'07"/km
6.	221	00:02:24	00:15:20	373m	6'26"/km
7.	216	00:03:04	00:18:24	333m	9'13"/km
8.	222	00:02:20	00:20:44	273m	8'33"/km
9.	223	00:01:18	00:22:02	207m	6'17"/km
10.	224	00:02:21	00:24:23	380m	6'11"/km
11.	217	00:01:04	00:25:27	191m	5'35"/km
12.	225	00:00:51	00:26:18	142m	5'59"/km
13.	220	00:04:54	00:31:12	514m	9'32"/km
14.	205	00:04:45	00:35:57	626m	7'35"/km
15.	206	00:01:28	00:37:25	265m	5'32"/km
16.	214	00:01:33	00:38:58	257m	6'02"/km
17.	226	00:02:29	00:41:27	416m	5'58"/km
18.	227	00:01:24	00:42:51	214m	6'33"/km
19.	999	00:00:46	00:43:37	136m	5'38"/km

Orienteering Software