



Course orientation Défense - Charleroi Métropole

Marcinelle 30.11.2024

CISM

Jean-Pol BRISEBOIS

H.O.C.

Percorso : H:01

Distancia : 9000m (Desnivel 315m)

Tempo : 3:01:36 (20'11"/km)

13/28

O.K.

[Resultados completos em Webres](#)

1. Nakvosas MINDAUGAS	1:21:51
2. Fabrice DAEL	1:49:18
3. Christophe RESTIVO	1:51:07

1.	33	00:07:57		613m	12'58"/km
2.	66	00:10:59	00:18:56	242m	45'23"/km
3.	35	00:00:00	00:18:56	219m	0'00"/km
4.	68	00:12:18	00:31:14	152m	80'55"/km
5.	37	00:01:08	00:32:22	485m	2'20"/km
6.	39	00:08:48	00:41:10	418m	21'03"/km
7.	40	00:07:05	00:48:15	302m	23'27"/km
8.	41	00:06:40	00:54:55	330m	20'12"/km
9.	42	00:07:40	01:02:35	356m	21'32"/km
10.	44	00:03:39	01:06:14	238m	15'20"/km
11.	49	00:03:56	01:10:10	207m	19'00"/km
12.	45	00:02:06	01:12:16	86m	24'25"/km
13.	47	00:03:18	01:15:34	217m	15'12"/km
14.	48	00:04:34	01:20:08	309m	14'47"/km
15.	46	00:05:41	01:25:49	388m	14'39"/km
16.	50	00:10:22	01:36:11	384m	27'00"/km
17.	51	00:05:48	01:41:59	132m	43'56"/km
18.	43	00:05:06	01:47:05	240m	21'15"/km
19.	52	00:05:01	01:52:06	262m	19'09"/km
20.	53	00:06:22	01:58:28	105m	60'38"/km
21.	39	00:04:01	02:02:29	200m	20'05"/km
22.	54	00:06:34	02:09:03	171m	38'24"/km
23.	38	00:07:01	02:16:04	294m	23'52"/km
24.	55	00:09:52	02:25:56	256m	38'32"/km
25.	56	00:12:11	02:38:07	705m	17'17"/km
26.	31	00:10:50	02:48:57	518m	20'55"/km
27.	65	00:15:38	03:04:35	577m	27'06"/km
28.	32	00:00:00	03:04:35	209m	0'00"/km
29.	34	00:04:15	03:08:50	302m	14'04"/km
30.	999	00:00:41	03:09:31	61m	11'12"/km