



Course orientation Défense - Charleroi Métropole

Marcinelle 30.11.2024

CISM

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H.O.C.

Circuit : D:01

Distance : 9000m (Dénivelé 315m)

Temps : 3:22:28 (22'30"/km)

2/5

O.K.

[Résultats complets sur Webres](#)

1. Léa INSTALLE

2:56:25

1.	33	00:08:40		613m	14'08"/km
2.	66	00:13:26	00:22:06	242m	55'31"/km
3.	35	00:09:07	00:31:13	219m	41'38"/km
4.	68	00:12:05	00:43:18	152m	79'30"/km
5.	37	00:00:00	00:43:18	485m	0'00"/km
6.	39	00:09:19	00:52:37	418m	22'17"/km
7.	40	00:07:00	00:59:37	302m	23'11"/km
8.	41	00:06:58	01:06:35	330m	21'07"/km
9.	42	00:07:56	01:14:31	356m	22'17"/km
10.	44	00:04:27	01:18:58	238m	18'42"/km
11.	49	00:05:28	01:24:26	207m	26'25"/km
12.	45	00:03:42	01:28:08	86m	43'01"/km
13.	47	00:03:22	01:31:30	217m	15'31"/km
14.	48	00:07:38	01:39:08	309m	24'42"/km
15.	46	00:10:46	01:49:54	388m	27'45"/km
16.	50	00:08:08	01:58:02	384m	21'11"/km
17.	51	00:03:36	02:01:38	132m	27'16"/km
18.	43	00:04:08	02:05:46	240m	17'13"/km
19.	52	00:05:35	02:11:21	262m	21'19"/km
20.	53	00:04:44	02:16:05	105m	45'05"/km
21.	39	00:14:56	02:31:01	200m	74'40"/km
22.	54	00:07:21	02:38:22	171m	42'59"/km
23.	38	00:05:56	02:44:18	294m	20'11"/km
24.	55	00:07:48	02:52:06	256m	30'28"/km
25.	56	00:10:06	03:02:12	705m	14'20"/km
26.	31	00:07:47	03:09:59	518m	15'02"/km
27.	65	00:14:15	03:24:14	577m	24'42"/km
28.	32	00:00:00	03:24:14	209m	0'00"/km
29.	34	00:03:07	03:27:21	302m	10'19"/km
30.	999	00:00:16	03:27:37	61m	4'22"/km