



Championnat des Landes 2024

COMMENSACQ 30.11.2024

40NA - CDCO40

Pascal LARMINACH

3308NA SAGC CESTAS

Circuit : Violet long

Distance : 3700m (Dénivelé 65m)

Temps : 0:56:37 (15'18"/km)

40/54

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Jules MONTUS | 0:29:02 |
| 2. Alice DOUNON MONCLA | 0:33:28 |
| 3. Nicolas BEGAUD | 0:35:26 |

1.	68	00:04:00		443m	9'02"/km
2.	58	00:01:00	00:05:00	97m	10'19"/km
3.	62	00:01:28	00:06:28	109m	13'27"/km
4.	56	00:03:39	00:10:07		
5.	80	00:01:33	00:11:40		
6.	63	00:03:53	00:15:33	175m	22'11"/km
7.	87	00:04:15	00:19:48	438m	9'42"/km
8.	49	00:04:24	00:24:12	63m	69'50"/km
9.	61	00:01:05	00:25:17	98m	11'03"/km
10.	73	00:00:34	00:25:51	61m	9'17"/km
11.	78	00:01:52	00:27:43	148m	12'37"/km
12.	75	00:02:32	00:30:15	154m	16'27"/km
13.	85	00:03:23	00:33:38	212m	15'58"/km
14.	60	00:03:46	00:37:24	329m	11'27"/km
15.	40	00:01:29	00:38:53	155m	9'34"/km
16.	50	00:04:45	00:43:38	229m	20'45"/km
17.	47	00:01:47	00:45:25	104m	17'09"/km
18.	92	00:03:28	00:48:53	293m	11'50"/km
19.	84	00:00:51	00:49:44	44m	19'19"/km
20.	86	00:04:15	00:53:59	185m	22'58"/km
21.	255	00:02:13	00:56:12	120m	18'28"/km
22.	999	00:00:25	00:56:37	82m	5'05"/km

Orienteering Software