



BOC2
Jette 24.11.2024
ASUB

Yves MUYTERS

Indiv.

Percurso : H:Rouge Long

Distancia : 3900m

Tempo : 1:13:20 (18'48"/km)

10/10

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------|---------|
| 1. Xavier DIEUDONNE | 0:43:05 |
| 2. Jan VAN DER ELST | 0:43:53 |
| 3. Nicolas FRANCOIS | 0:46:29 |

1.	173	00:04:09		280m	14'49"/km
2.	203	00:03:43	00:07:52	208m	17'52"/km
3.	243	00:02:06	00:09:58	160m	13'08"/km
4.	197	00:02:21	00:12:19	190m	12'22"/km
5.	248	00:02:36	00:14:55	99m	26'16"/km
6.	211	00:02:13	00:17:08	101m	21'57"/km
7.	244	00:03:16	00:20:24	247m	13'14"/km
8.	199	00:02:40	00:23:04	206m	12'57"/km
9.	175	00:01:54	00:24:58	130m	14'37"/km
10.	216	00:01:43	00:26:41	64m	26'49"/km
11.	177	00:04:26	00:31:07	124m	35'45"/km
12.	178	00:03:22	00:34:29	129m	26'06"/km
13.	219	00:03:42	00:38:11	109m	33'57"/km
14.	245	00:03:19	00:41:30	190m	17'27"/km
15.	224	00:01:01	00:42:31	54m	18'50"/km
16.	225	00:02:12	00:44:43	95m	23'09"/km
17.	190	00:02:52	00:47:35	106m	27'03"/km
18.	228	00:01:16	00:48:51	41m	30'54"/km
19.	195	00:04:01	00:52:52	119m	33'45"/km
20.	184	00:02:26	00:55:18	188m	12'57"/km
21.	229	00:02:01	00:57:19	116m	17'23"/km
22.	234	00:04:06	01:01:25	158m	25'57"/km
23.	187	00:01:33	01:02:58	128m	12'07"/km
24.	196	00:01:28	01:04:26	57m	25'44"/km
25.	193	00:02:43	01:07:09	195m	13'56"/km
26.	194	00:01:30	01:08:39	79m	18'59"/km
27.	233	00:01:02	01:09:41	54m	19'08"/km
28.	236	00:01:50	01:11:31	108m	16'59"/km
29.	255	00:01:19	01:12:50	93m	14'09"/km
30.	999	00:00:30	01:13:20	38m	13'09"/km