



**1º Percurso Treino COSEC - Cristalina/GO**  
**Fazenda Santa Luzia 11.7.2021**  
**Clube de Orientação Serra dos Cristais**

**Hamilton Pinheiro De Oliveira**

Clube de Orientação Amigos dos  
Bombeiros

Course : H Adulto B

Distance : 4100m (Climbing 35m)

Time : 1:09:05 (16'51"/km)

**4/11**

O.K.

[Full result on Webres](#)

- |                           |         |
|---------------------------|---------|
| 1. João Júnio Bezerra     | 0:47:33 |
| 2. Daniel Herbert Kruger  | 0:52:57 |
| 3. Weber Cândido Severino | 0:56:11 |

|     |     |          |          |      |            |
|-----|-----|----------|----------|------|------------|
| 1.  | 57  | 00:02:57 |          | 160m | 18'26"/km  |
| 2.  | 33  | 00:02:58 | 00:05:55 | 209m | 14'12"/km  |
| 3.  | 35  | 00:07:06 | 00:13:01 | 402m | 17'40"/km  |
| 4.  | 42  | 00:08:16 | 00:21:17 | 500m | 16'32"/km  |
| 5.  | 40  | 00:04:11 | 00:25:28 | 467m | 8'57"/km   |
| 6.  | 32  | 00:03:27 | 00:28:55 | 304m | 11'21"/km  |
| 7.  | 47  | 00:04:53 | 00:33:48 | 270m | 18'05"/km  |
| 8.  | 53  | 00:14:08 | 00:47:56 | 137m | 103'10"/km |
| 9.  | 50  | 00:07:14 | 00:55:10 | 451m | 16'02"/km  |
| 10. | 39  | 00:03:01 | 00:58:11 | 262m | 11'31"/km  |
| 11. | 37  | 00:02:17 | 01:00:28 | 176m | 12'58"/km  |
| 12. | 56  | 00:03:46 | 01:04:14 | 385m | 9'47"/km   |
| 13. | 55  | 00:04:00 | 01:08:14 | 268m | 14'56"/km  |
| 14. | 999 | 00:00:51 | 01:09:05 | 109m | 7'48"/km   |

HELGA  
Orienteering Software