



1º Percurso Treino COSEC - Cristalina/GO
Fazenda Santa Luzia 11.7.2021
Clube de Orientação Serra dos Cristais

Leandro Luiz da Silva

Clube de Orientação Serra dos Cristais

Percurso : H Adulto A

Distancia : 4400m (Desnivel 65m)

Tempo : 1:30:00 (20'27"/km)

12/17

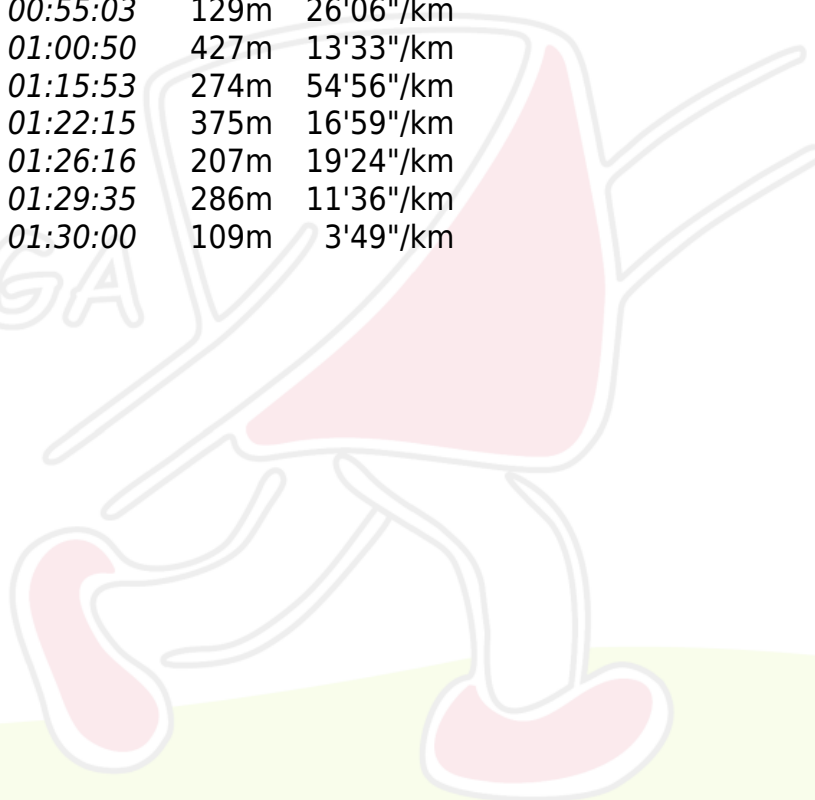
O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------------|---------|
| 1. Felipe Luis Bandeira Cantanhede | 0:56:05 |
| 2. Ivalci Júnio Martins França | 0:56:38 |
| 3. Antonio Dmeterko | 1:00:42 |

1.	31	00:04:01		236m	17'01"/km
2.	48	00:12:08	00:16:09	705m	17'13"/km
3.	45	00:12:06	00:28:15	272m	44'29"/km
4.	40	00:02:59	00:31:14	211m	14'08"/km
5.	35	00:07:54	00:39:08	475m	16'38"/km
6.	36	00:00:47	00:39:55	121m	6'28"/km
7.	52	00:11:46	00:51:41	567m	20'45"/km
8.	44	00:03:22	00:55:03	129m	26'06"/km
9.	43	00:05:47	01:00:50	427m	13'33"/km
10.	49	00:15:03	01:15:53	274m	54'56"/km
11.	53	00:06:22	01:22:15	375m	16'59"/km
12.	46	00:04:01	01:26:16	207m	19'24"/km
13.	55	00:03:19	01:29:35	286m	11'36"/km
14.	999	00:00:25	01:30:00	109m	3'49"/km

HELGA



Orienteering Software