



1º Percurso Treino COSEC - Cristalina/GO
Fazenda Santa Luzia 11.7.2021
Clube de Orientação Serra dos Cristais

Douglas Pereira Yamaoka

Clube de Orientação Serra dos Cristais

Course : H Adulto E

Distance : 4800m (Climbing 65m)

Time : 1:53:06 (23'34"/km)

6/6

O.K.

[Full result on Webres](#)

- | | |
|---------------------------------|---------|
| 1. Herivelto Batista De Santana | 0:50:33 |
| 2. Antonio Carlos Silva | 0:51:31 |
| 3. Rômulo Attanázio Jacob | 0:55:15 |

1.	33	00:02:53		348m	8'17"/km
2.	47	00:32:30	00:35:23	853m	38'06"/km
3.	53	00:02:05	00:37:28	137m	15'12"/km
4.	48	00:13:51	00:51:19	301m	46'01"/km
5.	49	00:07:37	00:58:56	301m	25'18"/km
6.	43	00:10:35	01:09:31	274m	38'38"/km
7.	45	00:06:07	01:15:38	246m	24'52"/km
8.	44	00:05:47	01:21:25	242m	23'54"/km
9.	52	00:09:21	01:30:46	129m	72'29"/km
10.	36	00:07:04	01:37:50	567m	12'28"/km
11.	35	00:01:27	01:39:17	121m	11'59"/km
12.	40	00:05:15	01:44:32	475m	11'03"/km
13.	46	00:06:08	01:50:40	406m	15'06"/km
14.	55	00:02:02	01:52:42	286m	7'07"/km
15.	999	00:00:24	01:53:06	109m	3'40"/km

HELGA
Orienteering Software