



**1º Percurso Treino COSEC - Cristalina/GO**  
**Fazenda Santa Luzia 11.7.2021**  
**Clube de Orientação Serra dos Cristais**

**Francisca Edilsa Souza Vieira**

Clube de Orientação Amigos dos  
Bombeiros

Course : D Adulto B

Distance : 4100m (Climbing 35m)

Time : 2:16:25 (33'16"/km)

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O.K.

[Full result on Webres](#)

- |                              |         |
|------------------------------|---------|
| 1. Eliane Vaz Pinto          | 0:47:34 |
| 2. Sara Melo Araujo de Paulo | 0:52:33 |
| 3. Valéria Oliveira De Lima  | 1:09:24 |

|     |     |          |          |      |            |
|-----|-----|----------|----------|------|------------|
| 1.  | 57  | 00:05:28 |          | 160m | 34'10"/km  |
| 2.  | 33  | 00:23:04 | 00:28:32 | 209m | 110'22"/km |
| 3.  | 35  | 00:05:05 | 00:33:37 | 402m | 12'39"/km  |
| 4.  | 42  | 00:13:16 | 00:46:53 | 500m | 26'32"/km  |
| 5.  | 40  | 00:07:30 | 00:54:23 | 467m | 16'04"/km  |
| 6.  | 32  | 00:25:49 | 01:20:12 | 304m | 84'55"/km  |
| 7.  | 47  | 00:10:56 | 01:31:08 | 270m | 40'30"/km  |
| 8.  | 53  | 00:02:08 | 01:33:16 | 137m | 15'34"/km  |
| 9.  | 50  | 00:19:27 | 01:52:43 | 451m | 43'08"/km  |
| 10. | 39  | 00:11:12 | 02:03:55 | 262m | 42'45"/km  |
| 11. | 37  | 00:04:14 | 02:08:09 | 176m | 24'03"/km  |
| 12. | 56  | 00:03:11 | 02:11:20 | 385m | 8'16"/km   |
| 13. | 55  | 00:04:23 | 02:15:43 | 268m | 16'21"/km  |
| 14. | 999 | 00:00:42 | 02:16:25 | 109m | 6'25"/km   |

Orienteering Software