



1º Percurso Treino COSEC - Cristalina/GO
Fazenda Santa Luzia 11.7.2021
Clube de Orientação Serra dos Cristais

Rheila Cristina Borges Gouveia

Clube de Orientação Amigos dos
Bombeiros

Course : D Adulto B

Distance : 4100m (Climbing 35m)

Time : 1:21:20 (19'50"/km)

5/9

O.K.

[Full result on Webres](#)

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|------------------------------|---------|
| 1. Eliane Vaz Pinto | 0:47:34 |
| 2. Sara Melo Araujo de Paulo | 0:52:33 |
| 3. Valéria Oliveira De Lima | 1:09:24 |

1.	57	00:04:20		160m	27'05"/km
2.	33	00:03:20	00:07:40	209m	15'57"/km
3.	35	00:05:42	00:13:22	402m	14'11"/km
4.	42	00:13:06	00:26:28	500m	26'12"/km
5.	40	00:04:56	00:31:24	467m	10'34"/km
6.	32	00:04:59	00:36:23	304m	16'24"/km
7.	47	00:04:33	00:40:56	270m	16'51"/km
8.	53	00:12:28	00:53:24	137m	91'00"/km
9.	50	00:10:25	01:03:49	451m	23'06"/km
10.	39	00:03:36	01:07:25	262m	13'44"/km
11.	37	00:05:06	01:12:31	176m	28'59"/km
12.	56	00:04:23	01:16:54	385m	11'23"/km
13.	55	00:03:51	01:20:45	268m	14'22"/km
14.	999	00:00:35	01:21:20	109m	5'21"/km

Orienteering Software