



**Sylvester 2012**  
**Sonnisheide 29.12.2012**  
**K.O.L.**

**Fred WELLENS**

hamok

Course : H65

Distance : 3700m

Time : 0:53:36 (14'29"/km)

**18/20**

O.K.

[Full result on Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Helmut CONRAD   | 0:30:12 |
| 2. Anders SELLGREN | 0:30:50 |
| 3. Dirk ZWIKKER    | 0:31:45 |

HELGA



Orienteering Software