

Thor DE MITS

Trol3

Strecke : IOF Lang

Länge : 9730m

Zeit : 1:50:39 (11'22"/km)

14/19

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Simon KREKELS	1:05:48
2. Rune DE CLERCQ	1:08:56
3. Nico CEUNEN	1:09:39

1.	107	00:04:22		
2.	150	00:05:51	00:10:13	
3.	132	00:03:18	00:13:31	
4.	124	00:04:42	00:18:13	544m 8'38"/km
5.	51	00:01:25	00:19:38	
6.	114	00:00:31	00:20:09	
7.	130	00:03:40	00:23:49	289m 12'41"/km
8.	129	00:01:45	00:25:34	134m 13'04"/km
9.	102	00:02:37	00:28:11	172m 15'13"/km
10.	103	00:05:20	00:33:31	220m 24'15"/km
11.	131	00:03:41	00:37:12	253m 14'34"/km
12.	104	00:02:47	00:39:59	279m 9'59"/km
13.	133	00:03:48	00:43:47	477m 7'58"/km
14.	134	00:02:02	00:45:49	224m 9'05"/km
15.	135	00:03:34	00:49:23	353m 10'06"/km
16.	136	00:05:59	00:55:22	558m 10'43"/km
17.	137	00:01:47	00:57:09	189m 9'26"/km
18.	72	00:01:16	00:58:25	142m 8'55"/km
19.	73	00:01:31	00:59:56	145m 10'28"/km
20.	138	00:02:39	01:02:35	354m 7'29"/km
21.	139	00:02:53	01:05:28	275m 10'29"/km
22.	140	00:03:45	01:09:13	162m 23'09"/km
23.	141	00:04:40	01:13:53	223m 20'56"/km
24.	142	00:05:47	01:19:40	684m 8'27"/km
25.	108	00:03:40	01:23:20	393m 9'20"/km
26.	126	00:02:31	01:25:51	246m 10'14"/km
27.	54	00:00:41	01:26:32	
28.	143	00:00:26	01:26:58	
29.	108	00:02:24	01:29:22	
30.	144	00:01:32	01:30:54	
31.	120	00:01:13	01:32:07	148m 8'13"/km
32.	110	00:02:52	01:34:59	387m 7'24"/km
33.	112	00:02:04	01:37:03	264m 7'50"/km
34.	145	00:05:07	01:42:10	622m 8'14"/km
35.	107	00:02:25	01:44:35	273m 8'51"/km
36.	86	00:04:38	01:49:13	581m 7'58"/km

37.	69	00:00:52	01:50:05	145m	5'59"/km
38.	999	00:00:34	01:50:39	106m	5'21"/km

