

Sebastiaan LOOSEN

Omega6

Strecke : IOF Lang

Länge : 9730m

Zeit : 1:31:55 (9'27"/km)

9/19

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Simon KREKELS	1:05:48
2. Rune DE CLERCQ	1:08:56
3. Nico CEUNEN	1:09:39

1.	147	00:04:42		
2.	150	00:12:29	00:17:11	
3.	132	00:03:03	00:20:14	
4.	124	00:03:51	00:24:05	544m 7'05"/km
5.	114	00:01:00	00:25:05	123m 8'08"/km
6.	130	00:02:08	00:27:13	289m 7'23"/km
7.	129	00:01:17	00:28:30	134m 9'35"/km
8.	102	00:01:35	00:30:05	172m 9'12"/km
9.	103	00:01:49	00:31:54	220m 8'15"/km
10.	131	00:01:53	00:33:47	253m 7'27"/km
11.	104	00:02:19	00:36:06	279m 8'18"/km
12.	133	00:02:54	00:39:00	477m 6'05"/km
13.	134	00:01:40	00:40:40	224m 7'26"/km
14.	135	00:02:39	00:43:19	353m 7'30"/km
15.	136	00:04:11	00:47:30	558m 7'30"/km
16.	137	00:01:43	00:49:13	189m 9'05"/km
17.	72	00:01:47	00:51:00	142m 12'34"/km
18.	73	00:01:16	00:52:16	145m 8'44"/km
19.	138	00:02:13	00:54:29	354m 6'16"/km
20.	139	00:02:26	00:56:55	275m 8'51"/km
21.	140	00:01:58	00:58:53	162m 12'08"/km
22.	141	00:01:44	01:00:37	223m 7'46"/km
23.	142	00:05:04	01:05:41	684m 7'24"/km
24.	108	00:03:24	01:09:05	393m 8'39"/km
25.	126	00:02:03	01:11:08	246m 8'20"/km
26.	143	00:00:49	01:11:57	129m 6'20"/km
27.	144	00:01:52	01:13:49	252m 7'24"/km
28.	120	00:01:04	01:14:53	148m 7'12"/km
29.	110	00:02:18	01:17:11	387m 5'57"/km
30.	112	00:03:11	01:20:22	264m 12'03"/km
31.	145	00:04:11	01:24:33	622m 6'44"/km
32.	107	00:01:54	01:26:27	273m 6'58"/km
33.	86	00:03:59	01:30:26	581m 6'51"/km
34.	69	00:00:53	01:31:19	145m 6'06"/km
35.	999	00:00:36	01:31:55	106m 5'40"/km