

Rune DE CLERCQ

Trol2

Course : IOF Lang

Distance : 9730m

Time : 1:08:56 (7'05"/km)

2/19

O.K.

[Full result on Webres](#)

1. Simon KREKELS

1:05:48

3. Nico CEUNEN

1:09:39

1.	107	00:03:34		
2.	150	00:05:51	00:09:25	
3.	132	00:02:38	00:12:03	
4.	124	00:02:57	00:15:00	544m 5'25"/km
5.	114	00:00:58	00:15:58	123m 7'52"/km
6.	130	00:01:43	00:17:41	289m 5'56"/km
7.	129	00:00:45	00:18:26	134m 5'36"/km
8.	102	00:01:01	00:19:27	172m 5'55"/km
9.	103	00:01:14	00:20:41	220m 5'36"/km
10.	131	00:01:32	00:22:13	253m 6'04"/km
11.	104	00:02:01	00:24:14	279m 7'14"/km
12.	133	00:02:26	00:26:40	477m 5'06"/km
13.	134	00:01:27	00:28:07	224m 6'28"/km
14.	135	00:02:18	00:30:25	353m 6'31"/km
15.	136	00:03:24	00:33:49	558m 6'06"/km
16.	137	00:01:28	00:35:17	189m 7'46"/km
17.	72	00:00:50	00:36:07	142m 5'52"/km
18.	73	00:00:57	00:37:04	145m 6'33"/km
19.	138	00:01:51	00:38:55	354m 5'14"/km
20.	139	00:01:46	00:40:41	275m 6'25"/km
21.	140	00:01:17	00:41:58	162m 7'55"/km
22.	141	00:01:36	00:43:34	223m 7'10"/km
23.	142	00:04:17	00:47:51	684m 6'16"/km
24.	108	00:02:43	00:50:34	393m 6'55"/km
25.	126	00:01:50	00:52:24	246m 7'27"/km
26.	143	00:00:41	00:53:05	129m 5'18"/km
27.	144	00:01:35	00:54:40	252m 6'17"/km
28.	120	00:00:55	00:55:35	148m 6'12"/km
29.	110	00:02:12	00:57:47	387m 5'41"/km
30.	112	00:01:40	00:59:27	264m 6'19"/km
31.	145	00:03:39	01:03:06	622m 5'52"/km
32.	107	00:01:39	01:04:45	273m 6'03"/km
33.	86	00:03:07	01:07:52	581m 5'22"/km
34.	69	00:00:41	01:08:33	145m 4'43"/km
35.	999	00:00:23	01:08:56	106m 3'37"/km