

Simon KREKELS

Trol1

Percurso : IOF Lang

Distancia : 9730m

Tempo : 1:05:48 (6'46"/km)

1/19

O.K.

[Resultados completos em Webres](#)

2. Rune DE CLERCQ	1:08:56
3. Nico CEUNEN	1:09:39

1.	107	00:03:07		
2.	150	00:05:39	00:08:46	
3.	132	00:02:07	00:10:53	
4.	124	00:03:15	00:14:08	544m 5'58"/km
5.	114	00:00:48	00:14:56	123m 6'30"/km
6.	130	00:01:31	00:16:27	289m 5'15"/km
7.	129	00:00:56	00:17:23	134m 6'58"/km
8.	102	00:01:03	00:18:26	172m 6'06"/km
9.	103	00:01:05	00:19:31	220m 4'55"/km
10.	131	00:01:20	00:20:51	253m 5'16"/km
11.	104	00:01:53	00:22:44	279m 6'45"/km
12.	133	00:02:17	00:25:01	477m 4'47"/km
13.	134	00:01:16	00:26:17	224m 5'39"/km
14.	135	00:02:09	00:28:26	353m 6'05"/km
15.	136	00:02:58	00:31:24	558m 5'19"/km
16.	137	00:01:09	00:32:33	189m 6'05"/km
17.	72	00:00:57	00:33:30	142m 6'41"/km
18.	73	00:00:49	00:34:19	145m 5'38"/km
19.	138	00:01:49	00:36:08	354m 5'08"/km
20.	139	00:03:37	00:39:45	275m 13'09"/km
21.	140	00:01:05	00:40:50	162m 6'41"/km
22.	141	00:01:42	00:42:32	223m 7'37"/km
23.	142	00:04:07	00:46:39	684m 6'01"/km
24.	108	00:02:09	00:48:48	393m 5'28"/km
25.	126	00:01:27	00:50:15	246m 5'54"/km
26.	143	00:00:46	00:51:01	129m 5'57"/km
27.	144	00:01:22	00:52:23	252m 5'25"/km
28.	120	00:00:49	00:53:12	148m 5'31"/km
29.	110	00:01:57	00:55:09	387m 5'02"/km
30.	112	00:01:26	00:56:35	264m 5'26"/km
31.	145	00:03:12	00:59:47	622m 5'09"/km
32.	107	00:01:32	01:01:19	273m 5'37"/km
33.	86	00:03:12	01:04:31	581m 5'30"/km
34.	69	00:00:45	01:05:16	145m 5'10"/km
35.	999	00:00:32	01:05:48	106m 5'02"/km