

Jur RINGERS

hamok5

Circuit : Vensterloop

Distance : 4210m

Temps : 1:19:33 (18'54"/km)

15/20

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------|---------|
| 1. Dirk GOOSSENS | 0:43:39 |
| 2. Wout BOECKX | 0:44:56 |
| 3. Jan OEYEN | 0:47:00 |

1.	148	00:07:53		
2.	150	00:07:40	00:15:33	
3.	74	00:07:54	00:23:27	
4.	75	00:05:50	00:29:17	400m 14'35"/km
5.	102	00:06:39	00:35:56	288m 23'05"/km
6.	125	00:06:59	00:42:55	327m 21'21"/km
7.	70	00:08:09	00:51:04	421m 19'22"/km
8.	111	00:08:27	00:59:31	594m 14'14"/km
9.	106	00:07:55	01:07:26	492m 16'05"/km
10.	71	00:09:30	01:16:56	700m 13'34"/km
11.	69	00:01:57	01:18:53	352m 5'32"/km
12.	999	00:00:40	01:19:33	106m 6'17"/km

HELGA

Orienteering Software