



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Greet PERSOON

TROL

Percorso : LD

Distancia : 6400m

Tempo : 1:13:27 (11'29"/km)

3/17

O.K.

[Resultados completos em Webres](#)

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|---------------------|---------|
| 1. Lennard GHEYSELS | 1:03:33 |
| 2. Mathias INSTALLE | 1:08:35 |

1.	136	00:04:29	307m	14'36"/km
2.	134	00:01:28 00:05:57	110m	13'20"/km
3.	123	00:02:55 00:08:52	229m	12'44"/km
4.	113	00:02:54 00:11:46	229m	12'40"/km
5.	104	00:02:28 00:14:14	339m	7'17"/km
6.	106	00:01:12 00:15:26	118m	10'10"/km
7.	111	00:01:30 00:16:56	178m	8'26"/km
8.	125	00:02:09 00:19:05	269m	8'00"/km
9.	115	00:01:44 00:20:49	162m	10'42"/km
10.	130	00:01:55 00:22:44		
11.	131	00:00:26 00:23:10		
12.	143	00:04:24 00:27:34	310m	14'12"/km
13.	154	00:04:12 00:31:46	242m	17'21"/km
14.	159	00:01:26 00:33:12	164m	8'44"/km
15.	161	00:01:47 00:34:59	191m	9'20"/km
16.	148	00:01:43 00:36:42	227m	7'34"/km
17.	151	00:00:32 00:37:14		
18.	146	00:02:24 00:39:38	174m	13'48"/km
19.	165	00:02:27 00:42:05	327m	7'30"/km
20.	166	00:00:00 00:42:05	32m	0'00"/km
21.	172	00:03:30 00:45:35	323m	10'50"/km
22.	185	00:02:04 00:47:39		
23.	184	00:00:51 00:48:30		
24.	189	00:05:59 00:54:29	649m	9'13"/km
25.	191	00:02:55 00:57:24	258m	11'18"/km
26.	193	00:05:05 01:02:29	300m	16'57"/km
27.	181	00:02:59 01:05:28	284m	10'30"/km
28.	180	00:00:35 01:06:03		
29.	178	00:02:00 01:08:03	85m	23'32"/km
30.	175	00:02:47 01:10:50	171m	16'17"/km
31.	197	00:01:22 01:12:12	131m	10'26"/km
32.	199	00:00:43 01:12:55	62m	11'34"/km
33.	999	00:00:32 01:13:27	76m	7'01"/km