



# North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

**Roger BOCKX**

K.O.L.

Omloop : H65

Afstand : 5530m

Tijd : 1:17:40 (14'03"/km)

**14/52**

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Thomas SELLGREN | 0:54:20 |
| 2. Martin GRANLY   | 0:56:42 |
| 3. James CRAWFORD  | 0:59:45 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 139 | 00:03:53 |          | 208m | 18'40"/km |
| 2.  | 131 | 00:04:05 | 00:07:58 | 269m | 15'11"/km |
| 3.  | 117 | 00:02:12 | 00:10:10 | 159m | 13'50"/km |
| 4.  | 102 | 00:04:13 | 00:14:23 | 370m | 11'24"/km |
| 5.  | 106 | 00:01:08 | 00:15:31 | 130m | 8'43"/km  |
| 6.  | 109 | 00:03:33 | 00:19:04 | 244m | 14'33"/km |
| 7.  | 111 | 00:01:57 | 00:21:01 | 153m | 12'45"/km |
| 8.  | 128 | 00:02:36 | 00:23:37 | 216m | 12'02"/km |
| 9.  | 121 | 00:05:43 | 00:29:20 | 207m | 27'37"/km |
| 10. | 141 | 00:03:05 | 00:32:25 | 174m | 17'43"/km |
| 11. | 145 | 00:06:58 | 00:39:23 | 227m | 30'41"/km |
| 12. | 151 | 00:04:22 | 00:43:45 | 166m | 26'18"/km |
| 13. | 161 | 00:02:25 | 00:46:10 | 238m | 10'09"/km |
| 14. | 165 | 00:02:11 | 00:48:21 | 231m | 9'27"/km  |
| 15. | 166 | 00:00:00 | 00:48:21 | 32m  | 0'00"/km  |
| 16. | 167 | 00:01:23 | 00:49:44 | 129m | 10'43"/km |
| 17. | 168 | 00:00:52 | 00:50:36 | 71m  | 12'12"/km |
| 18. | 175 | 00:02:31 | 00:53:07 | 149m | 16'53"/km |
| 19. | 180 | 00:02:52 | 00:55:59 | 251m | 11'25"/km |
| 20. | 194 | 00:04:42 | 01:00:41 | 405m | 11'36"/km |
| 21. | 188 | 00:02:29 | 01:03:10 | 205m | 12'07"/km |
| 22. | 184 | 00:06:27 | 01:09:37 | 582m | 11'05"/km |
| 23. | 172 | 00:01:56 | 01:11:33 | 135m | 14'19"/km |
| 24. | 177 | 00:01:14 | 01:12:47 | 123m | 10'02"/km |
| 25. | 197 | 00:02:03 | 01:14:50 | 184m | 11'08"/km |
| 26. | 200 | 00:02:03 | 01:16:53 | 134m | 15'18"/km |
| 27. | 999 | 00:00:47 | 01:17:40 | 72m  | 10'53"/km |

Orienteering Software