



# North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

**Bernard RONGVAUX**

SUD O LUX

Strecke : H60

Länge : 5910m

Zeit : 1:24:11 (14'15"/km)

**28/49**

O.K.

[Vollständige Ergebnisse auf Webres](#)

- |                           |         |
|---------------------------|---------|
| 1. Dirk GOOSSENS          | 0:52:46 |
| 2. Vidar BENJAMINSEN      | 0:53:02 |
| 3. Jean-Manuel VERPOORTEN | 0:53:38 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 118 | 00:04:32 |          | 296m | 15'19"/km |
| 2.  | 130 | 00:01:54 | 00:06:26 | 101m | 18'49"/km |
| 3.  | 142 | 00:08:20 | 00:14:46 | 275m | 30'18"/km |
| 4.  | 154 | 00:04:38 | 00:19:24 | 260m | 17'49"/km |
| 5.  | 152 | 00:06:16 | 00:25:40 | 106m | 59'07"/km |
| 6.  | 136 | 00:08:45 | 00:34:25 | 276m | 31'42"/km |
| 7.  | 121 | 00:02:47 | 00:37:12 | 220m | 12'39"/km |
| 8.  | 126 | 00:02:35 | 00:39:47 | 246m | 10'30"/km |
| 9.  | 110 | 00:02:18 | 00:42:05 | 315m | 7'18"/km  |
| 10. | 102 | 00:02:20 | 00:44:25 | 158m | 14'46"/km |
| 11. | 128 | 00:02:06 | 00:46:31 | 221m | 9'30"/km  |
| 12. | 140 | 00:03:13 | 00:49:44 | 336m | 9'34"/km  |
| 13. | 157 | 00:03:33 | 00:53:17 | 241m | 14'44"/km |
| 14. | 148 | 00:03:15 | 00:56:32 | 270m | 12'02"/km |
| 15. | 165 | 00:02:53 | 00:59:25 | 420m | 6'52"/km  |
| 16. | 166 | 00:00:00 | 00:59:25 | 32m  | 0'00"/km  |
| 17. | 167 | 00:01:49 | 01:01:14 | 129m | 14'05"/km |
| 18. | 171 | 00:02:07 | 01:03:21 | 160m | 13'14"/km |
| 19. | 179 | 00:03:25 | 01:06:46 | 193m | 17'42"/km |
| 20. | 188 | 00:06:48 | 01:13:34 | 584m | 11'39"/km |
| 21. | 194 | 00:02:19 | 01:15:53 | 205m | 11'18"/km |
| 22. | 182 | 00:03:26 | 01:19:19 | 381m | 9'01"/km  |
| 23. | 173 | 00:02:39 | 01:21:58 | 239m | 11'05"/km |
| 24. | 200 | 00:01:44 | 01:23:42 | 109m | 15'54"/km |
| 25. | 999 | 00:00:29 | 01:24:11 | 72m  | 6'43"/km  |

Orienteering Software