



# North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

**Michel WENS**

TROL

Circuit : H60

Distance : 5910m

Temps : 1:02:11 (10'31"/km)

**11/49**

O.K.

[Résultats complets sur Webres](#)

- |                           |         |
|---------------------------|---------|
| 1. Dirk GOOSSENS          | 0:52:46 |
| 2. Vidar BENJAMINSEN      | 0:53:02 |
| 3. Jean-Manuel VERPOORTEN | 0:53:38 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 118 | 00:03:25 |          | 296m | 11'33"/km |
| 2.  | 130 | 00:02:55 | 00:06:20 | 101m | 28'53"/km |
| 3.  | 142 | 00:03:51 | 00:10:11 | 275m | 14'00"/km |
| 4.  | 155 | 00:04:45 | 00:14:56 |      |           |
| 5.  | 154 | 00:00:52 | 00:15:48 |      |           |
| 6.  | 152 | 00:02:57 | 00:18:45 | 106m | 27'50"/km |
| 7.  | 136 | 00:02:21 | 00:21:06 | 276m | 8'31"/km  |
| 8.  | 121 | 00:02:13 | 00:23:19 | 220m | 10'05"/km |
| 9.  | 126 | 00:02:42 | 00:26:01 | 246m | 10'59"/km |
| 10. | 110 | 00:02:36 | 00:28:37 | 315m | 8'15"/km  |
| 11. | 102 | 00:01:23 | 00:30:00 | 158m | 8'45"/km  |
| 12. | 128 | 00:01:57 | 00:31:57 | 221m | 8'49"/km  |
| 13. | 140 | 00:03:01 | 00:34:58 | 336m | 8'59"/km  |
| 14. | 157 | 00:02:13 | 00:37:11 | 241m | 9'12"/km  |
| 15. | 148 | 00:01:48 | 00:38:59 | 270m | 6'40"/km  |
| 16. | 165 | 00:02:38 | 00:41:37 | 420m | 6'16"/km  |
| 17. | 166 | 00:00:00 | 00:41:37 | 32m  | 0'00"/km  |
| 18. | 167 | 00:01:10 | 00:42:47 | 129m | 9'03"/km  |
| 19. | 171 | 00:02:01 | 00:44:48 | 160m | 12'36"/km |
| 20. | 179 | 00:01:46 | 00:46:34 | 193m | 9'09"/km  |
| 21. | 188 | 00:05:26 | 00:52:00 | 584m | 9'18"/km  |
| 22. | 194 | 00:01:49 | 00:53:49 | 205m | 8'52"/km  |
| 23. | 182 | 00:04:04 | 00:57:53 | 381m | 10'40"/km |
| 24. | 173 | 00:02:35 | 01:00:28 | 239m | 10'49"/km |
| 25. | 200 | 00:01:08 | 01:01:36 | 109m | 10'24"/km |
| 26. | 999 | 00:00:35 | 01:02:11 | 72m  | 8'06"/km  |

Orienteering Software