



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Vidar BENJAMINSEN

Lillomarka O-lag

Course : H60

Distance : 5910m

Time : 0:53:02 (8'58"/km)

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O.K.

[Full result on Webres](#)

1. Dirk GOOSSENS	0:52:46
3. Jean-Manuel VERPOORTEN	0:53:38

1.	118	00:02:51		296m	9'38"/km
2.	130	00:01:18	00:04:09	101m	12'52"/km
3.	142	00:02:13	00:06:22	275m	8'04"/km
4.	154	00:02:21	00:08:43	260m	9'02"/km
5.	152	00:01:41	00:10:24	106m	15'53"/km
6.	136	00:02:21	00:12:45	276m	8'31"/km
7.	121	00:02:14	00:14:59	220m	10'09"/km
8.	126	00:02:23	00:17:22	246m	9'41"/km
9.	110	00:02:12	00:19:34	315m	6'59"/km
10.	102	00:01:13	00:20:47	158m	7'42"/km
11.	128	00:02:14	00:23:01	221m	10'06"/km
12.	140	00:03:13	00:26:14	336m	9'34"/km
13.	157	00:02:33	00:28:47	241m	10'35"/km
14.	148	00:02:16	00:31:03	270m	8'24"/km
15.	162	00:01:30	00:32:33		
16.	165	00:01:05	00:33:38	205m	5'17"/km
17.	166	00:00:00	00:33:38	32m	0'00"/km
18.	167	00:01:06	00:34:44	129m	8'32"/km
19.	171	00:01:37	00:36:21	160m	10'06"/km
20.	179	00:01:32	00:37:53	193m	7'57"/km
21.	188	00:06:27	00:44:20	584m	11'03"/km
22.	194	00:01:51	00:46:11	205m	9'01"/km
23.	182	00:02:58	00:49:09	381m	7'47"/km
24.	173	00:02:16	00:51:25	239m	9'29"/km
25.	200	00:01:06	00:52:31	109m	10'06"/km
26.	999	00:00:31	00:53:02	72m	7'11"/km

Orienteering Software