



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Philippe JANQUIN

Comité Départemental de Course
d'Orientation 62

Percurso : H55

Distancia : 6070m

Tempo : 1:05:57 (10'52"/km)

10/50

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------|---------|
| 1. Robert THEISS | 0:52:53 |
| 2. Arne DYBDAHL | 0:55:10 |
| 3. Iwan VIS | 0:55:44 |

1.	144	00:02:48		203m	13'48"/km
2.	155	00:03:32	00:06:20	138m	25'36"/km
3.	152	00:01:46	00:08:06	122m	14'29"/km
4.	136	00:02:57	00:11:03	276m	10'41"/km
5.	122	00:02:32	00:13:35	278m	9'07"/km
6.	115	00:01:49	00:15:24	113m	16'05"/km
7.	114	00:00:24	00:15:48		
8.	101	00:02:05	00:17:53	301m	6'55"/km
9.	106	00:01:36	00:19:29	186m	8'36"/km
10.	108	00:01:45	00:21:14	155m	11'17"/km
11.	125	00:03:20	00:24:34	380m	8'46"/km
12.	124	00:00:19	00:24:53		
13.	119	00:01:48	00:26:41	200m	9'00"/km
14.	138	00:03:21	00:30:02	280m	11'58"/km
15.	153	00:02:47	00:32:49	251m	11'05"/km
16.	150	00:00:44	00:33:33	84m	8'44"/km
17.	164	00:01:40	00:35:13	188m	8'52"/km
18.	160	00:00:51	00:36:04	100m	8'30"/km
19.	165	00:01:45	00:37:49	285m	6'08"/km
20.	166	00:00:00	00:37:49	32m	0'00"/km
21.	167	00:01:05	00:38:54	129m	8'24"/km
22.	169	00:01:11	00:40:05	128m	9'15"/km
23.	175	00:01:25	00:41:30		
24.	174	00:01:37	00:43:07		
25.	185	00:02:32	00:45:39	164m	15'27"/km
26.	187	00:05:06	00:50:45		
27.	188	00:00:37	00:51:22		
28.	190	00:02:18	00:53:40	247m	9'19"/km
29.	192	00:02:41	00:56:21	190m	14'07"/km
30.	193	00:01:08	00:57:29	99m	11'27"/km
31.	181	00:03:01	01:00:30	284m	10'37"/km
32.	179	00:01:32	01:02:02		
33.	177	00:01:30	01:03:32		
34.	200	00:01:46	01:05:18	182m	9'42"/km
35.	999	00:00:39	01:05:57	72m	9'02"/km