



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Ola WALLINDER

Göteborg-Majorna OK

Percurso : H55

Distancia : 6070m

Tempo : 1:10:26 (11'36"/km)

15/50

O.K.

[Resultados completos em Webres](#)

1. Robert THEISS	0:52:53
2. Arne DYBDAHL	0:55:10
3. Iwan VIS	0:55:44

1.	144	00:08:20	203m	41'03"/km
2.	155	00:01:29 00:09:49	138m	10'45"/km
3.	152	00:02:58 00:12:47	122m	24'19"/km
4.	136	00:02:21 00:15:08	276m	8'31"/km
5.	122	00:06:24 00:21:32	278m	23'01"/km
6.	114	00:02:26 00:23:58	140m	17'23"/km
7.	101	00:02:14 00:26:12	301m	7'25"/km
8.	106	00:01:36 00:27:48	186m	8'36"/km
9.	108	00:01:36 00:29:24	155m	10'19"/km
10.	124	00:03:11 00:32:35	385m	8'16"/km
11.	119	00:01:44 00:34:19	200m	8'40"/km
12.	138	00:02:51 00:37:10	280m	10'11"/km
13.	153	00:02:40 00:39:50	251m	10'37"/km
14.	150	00:00:54 00:40:44	84m	10'43"/km
15.	164	00:01:29 00:42:13	188m	7'53"/km
16.	160	00:00:58 00:43:11	100m	9'40"/km
17.	165	00:01:45 00:44:56	285m	6'08"/km
18.	166	00:00:00 00:44:56	32m	0'00"/km
19.	167	00:01:12 00:46:08	129m	9'18"/km
20.	169	00:01:13 00:47:21	128m	9'30"/km
21.	174	00:01:26 00:48:47	96m	14'56"/km
22.	185	00:01:34 00:50:21	164m	9'33"/km
23.	188	00:05:20 00:55:41	607m	8'47"/km
24.	190	00:02:17 00:57:58	247m	9'15"/km
25.	192	00:02:09 01:00:07	190m	11'19"/km
26.	193	00:01:27 01:01:34	99m	14'39"/km
27.	181	00:02:58 01:04:32	284m	10'27"/km
28.	177	00:02:49 01:07:21	203m	13'53"/km
29.	200	00:02:25 01:09:46	182m	13'17"/km
30.	999	00:00:40 01:10:26	72m	9'16"/km