



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Christophe AMERIJKX

ASUB

Omloop : H50

Afstand : 6450m

Tijd : 1:03:54 (9'54"/km)

4/34

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Gunther DEFERME | 0:55:46 |
| 2. Alain MAZY | 0:59:40 |
| 3. Guido LENGES | 1:03:27 |

1.	134	00:03:37		284m	12'44"/km
2.	144	00:07:11	00:10:48	226m	31'47"/km
3.	142	00:00:56	00:11:44	98m	9'31"/km
4.	131	00:02:50	00:14:34	277m	10'14"/km
5.	114	00:01:46	00:16:20	207m	8'32"/km
6.	103	00:02:26	00:18:46	400m	6'05"/km
7.	106	00:01:01	00:19:47	143m	7'07"/km
8.	109	00:01:33	00:21:20	244m	6'21"/km
9.	124	00:03:19	00:24:39	411m	8'04"/km
10.	119	00:01:41	00:26:20	200m	8'25"/km
11.	138	00:02:16	00:28:36	280m	8'06"/km
12.	156	00:04:48	00:33:24	211m	22'45"/km
13.	149	00:02:45	00:36:09	269m	10'13"/km
14.	160	00:02:03	00:38:12	244m	8'24"/km
15.	165	00:01:24	00:39:36	285m	4'55"/km
16.	166	00:00:00	00:39:36	32m	0'00"/km
17.	167	00:00:58	00:40:34	129m	7'30"/km
18.	168	00:00:32	00:41:06	71m	7'31"/km
19.	176	00:02:00	00:43:06	180m	11'07"/km
20.	183	00:01:38	00:44:44	234m	6'59"/km
21.	196	00:02:56	00:47:40	286m	10'15"/km
22.	192	00:02:27	00:50:07	266m	9'13"/km
23.	190	00:01:46	00:51:53	190m	9'18"/km
24.	191	00:01:24	00:53:17	105m	13'20"/km
25.	190	00:01:16	00:54:33	105m	12'04"/km
26.	195	00:02:46	00:57:19	319m	8'40"/km
27.	181	00:02:42	01:00:01	317m	8'31"/km
28.	186	00:01:30	01:01:31	193m	7'46"/km
29.	200	00:01:55	01:03:26	200m	9'35"/km
30.	999	00:00:28	01:03:54	72m	6'29"/km