



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Guido LENGES

OLV Eifel

Omloop : H50

Afstand : 6450m

Tijd : 1:03:27 (9'50"/km)

3/34

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Gunther DEFERME | 0:55:46 |
| 2. Alain MAZY | 0:59:40 |

1.	134	00:08:44		284m	30'45"/km
2.	144	00:03:40	00:12:24	226m	16'13"/km
3.	142	00:00:56	00:13:20	98m	9'31"/km
4.	131	00:03:12	00:16:32	277m	11'33"/km
5.	114	00:02:11	00:18:43	207m	10'33"/km
6.	103	00:03:06	00:21:49	400m	7'45"/km
7.	106	00:00:57	00:22:46	143m	6'39"/km
8.	109	00:01:30	00:24:16	244m	6'09"/km
9.	124	00:04:21	00:28:37	411m	10'35"/km
10.	119	00:01:14	00:29:51	200m	6'10"/km
11.	138	00:02:56	00:32:47	280m	10'29"/km
12.	156	00:01:25	00:34:12	211m	6'43"/km
13.	149	00:03:25	00:37:37	269m	12'42"/km
14.	160	00:02:30	00:40:07	244m	10'15"/km
15.	165	00:01:19	00:41:26	285m	4'37"/km
16.	166	00:00:00	00:41:26	32m	0'00"/km
17.	167	00:00:48	00:42:14	129m	6'12"/km
18.	168	00:00:28	00:42:42	71m	6'34"/km
19.	174	00:01:34	00:44:16		
20.	176	00:00:29	00:44:45		
21.	183	00:01:36	00:46:21	234m	6'50"/km
22.	196	00:03:02	00:49:23	286m	10'36"/km
23.	192	00:02:07	00:51:30	266m	7'57"/km
24.	191	00:01:22	00:52:52	202m	6'46"/km
25.	190	00:01:01	00:53:53	105m	9'41"/km
26.	195	00:03:31	00:57:24	319m	11'01"/km
27.	181	00:02:26	00:59:50	317m	7'41"/km
28.	186	00:01:29	01:01:19	193m	7'41"/km
29.	200	00:01:44	01:03:03	200m	8'40"/km
30.	999	00:00:24	01:03:27	72m	5'33"/km