



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Thomas ENGELBEEN

K.O.L.

Course : H45

Distance : 6840m

Time : 1:32:55 (13'35"/km)

24/39

O.K.

[Full result on Webres](#)

1. Nicolas GUILBERT	0:57:51
2. Nicolas SILLIEN	1:03:28
3. Christophe BARBIER	1:04:47

1.	132	00:10:36		315m	33'39"/km
2.	129	00:01:41	00:12:17	99m	17'00"/km
3.	126	00:04:08	00:16:25	383m	10'48"/km
4.	108	00:03:22	00:19:47	378m	8'54"/km
5.	104	00:02:29	00:22:16	232m	10'42"/km
6.	118	00:05:21	00:27:37	478m	11'12"/km
7.	139	00:09:57	00:37:34	346m	28'45"/km
8.	142	00:02:11	00:39:45	103m	21'12"/km
9.	159	00:07:41	00:47:26	382m	20'07"/km
10.	146	00:02:44	00:50:10	300m	9'07"/km
11.	150	00:01:53	00:52:03	192m	9'49"/km
12.	153	00:02:39	00:54:42	84m	31'33"/km
13.	165	00:03:10	00:57:52	494m	6'25"/km
14.	166	00:00:00	00:57:52	32m	0'00"/km
15.	167	00:01:16	00:59:08	129m	9'49"/km
16.	171	00:01:46	01:00:54	160m	11'02"/km
17.	182	00:02:39	01:03:33	268m	9'53"/km
18.	196	00:03:29	01:07:02	259m	13'27"/km
19.	187	00:01:49	01:08:51	179m	10'09"/km
20.	189	00:01:20	01:10:11	141m	9'27"/km
21.	191	00:03:16	01:13:27	258m	12'40"/km
22.	193	00:02:55	01:16:22	300m	9'43"/km
23.	195	00:02:03	01:18:25	165m	12'25"/km
24.	178	00:06:58	01:25:23	449m	15'31"/km
25.	186	00:01:42	01:27:05	127m	13'23"/km
26.	174	00:01:48	01:28:53	142m	12'41"/km
27.	198	00:00:56	01:29:49	108m	8'39"/km
28.	199	00:00:56	01:30:45	88m	10'36"/km
29.	200	00:01:33	01:32:18	111m	13'58"/km
30.	999	00:00:37	01:32:55	72m	8'34"/km