



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Stephane WILLEMSSENS

Hermathenae

Percorso : H45

Distancia : 6840m

Tempo : 1:10:15 (10'16"/km)

10/39

O.K.

[Resultados completos em Webres](#)

1. Nicolas GUILBERT	0:57:51
2. Nicolas SILLIEN	1:03:28
3. Christophe BARBIER	1:04:47

1.	132	00:04:19		315m	13'42"/km
2.	129	00:01:36	00:05:55	99m	16'10"/km
3.	126	00:03:30	00:09:25	383m	9'08"/km
4.	108	00:04:29	00:13:54	378m	11'52"/km
5.	104	00:02:01	00:15:55	232m	8'42"/km
6.	118	00:04:51	00:20:46	478m	10'09"/km
7.	139	00:03:15	00:24:01	346m	9'24"/km
8.	141	00:01:06	00:25:07	82m	13'25"/km
9.	142	00:00:54	00:26:01		
10.	159	00:03:15	00:29:16	382m	8'30"/km
11.	146	00:02:20	00:31:36	300m	7'47"/km
12.	150	00:02:19	00:33:55	192m	12'04"/km
13.	153	00:00:41	00:34:36	84m	8'08"/km
14.	165	00:02:47	00:37:23	494m	5'38"/km
15.	166	00:00:00	00:37:23	32m	0'00"/km
16.	167	00:01:08	00:38:31	129m	8'47"/km
17.	171	00:01:41	00:40:12	160m	10'31"/km
18.	183	00:02:27	00:42:39		
19.	182	00:00:25	00:43:04		
20.	196	00:03:22	00:46:26	259m	13'00"/km
21.	187	00:01:52	00:48:18	179m	10'26"/km
22.	189	00:01:16	00:49:34	141m	8'59"/km
23.	191	00:03:39	00:53:13	258m	14'09"/km
24.	193	00:02:52	00:56:05	300m	9'33"/km
25.	195	00:02:06	00:58:11	165m	12'44"/km
26.	178	00:05:06	01:03:17	449m	11'22"/km
27.	186	00:01:19	01:04:36	127m	10'22"/km
28.	174	00:01:54	01:06:30	142m	13'23"/km
29.	198	00:00:55	01:07:25	108m	8'29"/km
30.	199	00:00:46	01:08:11	88m	8'43"/km
31.	200	00:01:36	01:09:47	111m	14'25"/km
32.	999	00:00:28	01:10:15	72m	6'29"/km