



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Yann REICH

CO Colmar

Course : H45

Distance : 6840m

Time : 1:10:01 (10'14"/km)

9/39

O.K.

[Full result on Webres](#)

1. Nicolas GUILBERT	0:57:51
2. Nicolas SILLIEN	1:03:28
3. Christophe BARBIER	1:04:47

1.	132	00:03:49		315m	12'07"/km
2.	129	00:01:28	00:05:17	99m	14'49"/km
3.	126	00:03:56	00:09:13	383m	10'16"/km
4.	108	00:03:33	00:12:46	378m	9'23"/km
5.	104	00:02:38	00:15:24	232m	11'21"/km
6.	118	00:04:06	00:19:30	478m	8'35"/km
7.	139	00:03:27	00:22:57	346m	9'58"/km
8.	142	00:01:50	00:24:47	103m	17'48"/km
9.	159	00:03:11	00:27:58	382m	8'20"/km
10.	146	00:03:06	00:31:04	300m	10'20"/km
11.	150	00:01:54	00:32:58	192m	9'54"/km
12.	153	00:00:44	00:33:42	84m	8'44"/km
13.	162	00:01:52	00:35:34		
14.	165	00:01:00	00:36:34	205m	4'53"/km
15.	166	00:00:00	00:36:34	32m	0'00"/km
16.	167	00:01:06	00:37:40	129m	8'32"/km
17.	171	00:01:50	00:39:30	160m	11'27"/km
18.	182	00:02:28	00:41:58	268m	9'12"/km
19.	196	00:03:06	00:45:04	259m	11'58"/km
20.	187	00:01:42	00:46:46	179m	9'30"/km
21.	189	00:01:09	00:47:55	141m	8'09"/km
22.	191	00:03:03	00:50:58	258m	11'49"/km
23.	193	00:02:46	00:53:44	300m	9'13"/km
24.	195	00:02:40	00:56:24	165m	16'10"/km
25.	178	00:05:02	01:01:26	449m	11'13"/km
26.	186	00:01:36	01:03:02	127m	12'36"/km
27.	174	00:02:33	01:05:35	142m	17'57"/km
28.	198	00:00:53	01:06:28	108m	8'11"/km
29.	199	00:00:48	01:07:16	88m	9'05"/km
30.	200	00:02:11	01:09:27	111m	19'40"/km
31.	999	00:00:34	01:10:01	72m	7'52"/km