



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Nicolas GUILBERT

La Boussole Audomaroise

Course : H45

Distance : 6840m

Time : 0:57:51 (8'27"/km)

1/39

O.K.

[Full result on Webres](#)

2. Nicolas SILLIEN

1:03:28

3. Christophe BARBIER

1:04:47

1.	132	00:03:23	315m	10'44"/km
2.	129	00:01:00 00:04:23	99m	10'06"/km
3.	126	00:02:23 00:06:46	383m	6'13"/km
4.	108	00:03:15 00:10:01	378m	8'36"/km
5.	102	00:01:10 00:11:11		
6.	104	00:01:00 00:12:11		
7.	118	00:02:48 00:14:59	478m	5'51"/km
8.	139	00:02:23 00:17:22	346m	6'53"/km
9.	143	00:01:04 00:18:26		
10.	141	00:00:35 00:19:01		
11.	142	00:00:27 00:19:28		
12.	159	00:02:50 00:22:18	382m	7'25"/km
13.	146	00:01:45 00:24:03	300m	5'50"/km
14.	150	00:04:25 00:28:28	192m	23'00"/km
15.	153	00:00:38 00:29:06	84m	7'32"/km
16.	165	00:02:20 00:31:26	494m	4'43"/km
17.	166	00:00:00 00:31:26	32m	0'00"/km
18.	167	00:00:52 00:32:18	129m	6'43"/km
19.	171	00:01:37 00:33:55	160m	10'06"/km
20.	183	00:02:23 00:36:18		
21.	182	00:00:30 00:36:48		
22.	196	00:02:28 00:39:16	259m	9'31"/km
23.	187	00:01:21 00:40:37	179m	7'33"/km
24.	189	00:01:02 00:41:39	141m	7'20"/km
25.	191	00:02:32 00:44:11	258m	9'49"/km
26.	193	00:02:06 00:46:17	300m	7'00"/km
27.	195	00:01:26 00:47:43	165m	8'41"/km
28.	179	00:03:46 00:51:29	417m	9'02"/km
29.	178	00:00:36 00:52:05		
30.	186	00:01:07 00:53:12	127m	8'48"/km
31.	174	00:01:25 00:54:37	142m	9'59"/km
32.	198	00:00:49 00:55:26	108m	7'34"/km
33.	199	00:00:35 00:56:01	88m	6'38"/km
34.	200	00:01:23 00:57:24	111m	12'28"/km
35.	999	00:00:27 00:57:51	72m	6'15"/km