



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Lennard DERUDDER

TROL

Percorso : H21

Distancia : 7850m

Tempo : 1:16:17 (9'43"/km)

3/14

O.K.

[Resultados completos em Webres](#)

- | | |
|-------------------|---------|
| 1. Hadrien PLANCO | 1:07:17 |
| 2. Tibo GILLET | 1:09:27 |

1.	117	00:03:41		289m	12'45"/km
2.	133	00:02:27	00:06:08	238m	10'18"/km
3.	158	00:04:14	00:10:22	513m	8'15"/km
4.	164	00:03:00	00:13:22	419m	7'10"/km
5.	149	00:01:42	00:15:04	187m	9'05"/km
6.	156	00:02:50	00:17:54	269m	10'32"/km
7.	119	00:03:36	00:21:30	414m	8'42"/km
8.	124	00:01:41	00:23:11	200m	8'25"/km
9.	109	00:03:02	00:26:13	411m	7'23"/km
10.	105	00:02:18	00:28:31	316m	7'17"/km
11.	103	00:01:12	00:29:43	79m	15'11"/km
12.	115	00:02:37	00:32:20	397m	6'35"/km
13.	139	00:02:51	00:35:11	341m	8'21"/km
14.	153	00:03:42	00:38:53	256m	14'27"/km
15.	146	00:03:35	00:42:28	253m	14'10"/km
16.	165	00:01:53	00:44:21	327m	5'46"/km
17.	166	00:00:00	00:44:21	32m	0'00"/km
18.	167	00:01:06	00:45:27	129m	8'32"/km
19.	170	00:01:21	00:46:48	184m	7'20"/km
20.	178	00:03:19	00:50:07	185m	17'56"/km
21.	192	00:04:58	00:55:05	493m	10'04"/km
22.	189	00:02:34	00:57:39	244m	10'31"/km
23.	196	00:02:51	01:00:30	305m	9'21"/km
24.	193	00:01:42	01:02:12	187m	9'05"/km
25.	184	00:06:20	01:08:32	413m	15'20"/km
26.	174	00:03:21	01:11:53	188m	17'49"/km
27.	177	00:00:55	01:12:48	124m	7'24"/km
28.	197	00:01:52	01:14:40	184m	10'09"/km
29.	200	00:01:10	01:15:50	134m	8'42"/km
30.	999	00:00:27	01:16:17	72m	6'15"/km