



# North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

**Miel DEFERME**

hamok

Circuit : HE

Distance : 8970m

Temps : 1:33:40 (10'27"/km)

**32/46**

O.K.

[Résultats complets sur Webres](#)

- |                   |         |
|-------------------|---------|
| 1. Evert LEEUWS   | 0:57:25 |
| 2. Nico CEUNEN    | 0:59:34 |
| 3. Rune DE CLERCQ | 1:00:41 |

|     |     |                   |      |           |
|-----|-----|-------------------|------|-----------|
| 1.  | 133 | 00:04:01          | 314m | 12'48"/km |
| 2.  | 159 | 00:04:35 00:08:36 | 594m | 7'43"/km  |
| 3.  | 164 | 00:01:18 00:09:54 | 215m | 6'03"/km  |
| 4.  | 149 | 00:01:25 00:11:19 | 187m | 7'35"/km  |
| 5.  | 156 | 00:02:45 00:14:04 | 269m | 10'13"/km |
| 6.  | 129 | 00:06:21 00:20:25 | 504m | 12'36"/km |
| 7.  | 126 | 00:03:24 00:23:49 | 383m | 8'53"/km  |
| 8.  | 108 | 00:03:17 00:27:06 | 378m | 8'41"/km  |
| 9.  | 105 | 00:01:49 00:28:55 | 228m | 7'58"/km  |
| 10. | 101 | 00:01:47 00:30:42 | 159m | 11'13"/km |
| 11. | 109 | 00:02:59 00:33:41 | 313m | 9'32"/km  |
| 12. | 122 | 00:04:34 00:38:15 | 474m | 9'38"/km  |
| 13. | 117 | 00:02:07 00:40:22 | 158m | 13'24"/km |
| 14. | 132 | 00:02:13 00:42:35 | 201m | 11'02"/km |
| 15. | 158 | 00:04:54 00:47:29 | 531m | 9'14"/km  |
| 16. | 147 | 00:03:08 00:50:37 | 428m | 7'19"/km  |
| 17. | 165 | 00:02:39 00:53:16 | 364m | 7'17"/km  |
| 18. | 166 | 00:00:00 00:53:16 | 32m  | 0'00"/km  |
| 19. | 167 | 00:01:20 00:54:36 | 129m | 10'20"/km |
| 20. | 174 | 00:03:03 00:57:39 | 172m | 17'44"/km |
| 21. | 196 | 00:05:35 01:03:14 | 537m | 10'24"/km |
| 22. | 192 | 00:03:33 01:06:47 | 266m | 13'21"/km |
| 23. | 188 | 00:02:43 01:09:30 | 270m | 10'04"/km |
| 24. | 191 | 00:04:46 01:14:16 | 345m | 13'49"/km |
| 25. | 195 | 00:04:04 01:18:20 | 388m | 10'29"/km |
| 26. | 178 | 00:05:41 01:24:01 | 449m | 12'39"/km |
| 27. | 185 | 00:03:57 01:27:58 | 104m | 37'59"/km |
| 28. | 197 | 00:04:04 01:32:02 | 306m | 13'17"/km |
| 29. | 200 | 00:01:08 01:33:10 | 134m | 8'27"/km  |
| 30. | 999 | 00:00:30 01:33:40 | 72m  | 6'57"/km  |