



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Corneel CASIER

TROL

Course : HE

Distance : 8970m

Time : 1:13:35 (8'12"/km)

16/46

O.K.

[Full result on Webres](#)

1. Evert LEEUWS	0:57:25
2. Nico CEUNEN	0:59:34
3. Rune DE CLERCQ	1:00:41

1.	133	00:03:18		314m	10'31"/km
2.	159	00:03:30	00:06:48	594m	5'54"/km
3.	164	00:01:13	00:08:01	215m	5'40"/km
4.	149	00:01:04	00:09:05	187m	5'42"/km
5.	156	00:02:06	00:11:11	269m	7'48"/km
6.	129	00:05:12	00:16:23	504m	10'19"/km
7.	126	00:02:14	00:18:37	383m	5'50"/km
8.	108	00:03:12	00:21:49	378m	8'28"/km
9.	105	00:01:38	00:23:27	228m	7'10"/km
10.	101	00:01:09	00:24:36	159m	7'14"/km
11.	109	00:01:51	00:26:27	313m	5'55"/km
12.	122	00:03:11	00:29:38	474m	6'43"/km
13.	117	00:02:11	00:31:49	158m	13'49"/km
14.	132	00:02:17	00:34:06	201m	11'22"/km
15.	158	00:04:28	00:38:34	531m	8'25"/km
16.	147	00:02:36	00:41:10	428m	6'04"/km
17.	162	00:00:54	00:42:04		
18.	165	00:00:45	00:42:49	205m	3'40"/km
19.	166	00:00:00	00:42:49	32m	0'00"/km
20.	167	00:00:46	00:43:35	129m	5'57"/km
21.	174	00:01:45	00:45:20	172m	10'10"/km
22.	196	00:04:25	00:49:45	537m	8'13"/km
23.	192	00:02:08	00:51:53	266m	8'01"/km
24.	188	00:02:20	00:54:13	270m	8'39"/km
25.	191	00:05:14	00:59:27	345m	15'10"/km
26.	195	00:03:00	01:02:27	388m	7'44"/km
27.	178	00:04:40	01:07:07	449m	10'24"/km
28.	185	00:02:48	01:09:55	104m	26'55"/km
29.	197	00:02:23	01:12:18	306m	7'47"/km
30.	200	00:00:53	01:13:11	134m	6'36"/km
31.	999	00:00:24	01:13:35	72m	5'33"/km