



# North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

**Marieke ADDIERS**

Omega

Omloop : D40

Afstand : 5910m

Tijd : 1:12:33 (12'17"/km)

**5/18**

O.K.

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- |                      |         |
|----------------------|---------|
| 1. Lieke VAN OPSTAL  | 1:00:09 |
| 2. Marie DINGREVILLE | 1:02:42 |
| 3. Netsi WODAJO      | 1:05:41 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 118 | 00:05:11 |          | 296m | 17'31"/km |
| 2.  | 130 | 00:02:22 | 00:07:33 | 101m | 23'26"/km |
| 3.  | 142 | 00:03:31 | 00:11:04 | 275m | 12'47"/km |
| 4.  | 154 | 00:03:14 | 00:14:18 | 260m | 12'26"/km |
| 5.  | 152 | 00:02:20 | 00:16:38 | 106m | 22'01"/km |
| 6.  | 136 | 00:02:59 | 00:19:37 | 276m | 10'49"/km |
| 7.  | 121 | 00:02:57 | 00:22:34 | 220m | 13'25"/km |
| 8.  | 126 | 00:03:53 | 00:26:27 | 246m | 15'47"/km |
| 9.  | 110 | 00:03:05 | 00:29:32 | 315m | 9'47"/km  |
| 10. | 102 | 00:01:41 | 00:31:13 | 158m | 10'39"/km |
| 11. | 128 | 00:02:45 | 00:33:58 | 221m | 12'27"/km |
| 12. | 140 | 00:03:40 | 00:37:38 | 336m | 10'55"/km |
| 13. | 157 | 00:03:33 | 00:41:11 | 241m | 14'44"/km |
| 14. | 148 | 00:02:44 | 00:43:55 | 270m | 10'07"/km |
| 15. | 165 | 00:03:33 | 00:47:28 | 420m | 8'27"/km  |
| 16. | 166 | 00:00:00 | 00:47:28 | 32m  | 0'00"/km  |
| 17. | 167 | 00:01:29 | 00:48:57 | 129m | 11'30"/km |
| 18. | 171 | 00:02:24 | 00:51:21 | 160m | 15'00"/km |
| 19. | 179 | 00:02:14 | 00:53:35 | 193m | 11'34"/km |
| 20. | 188 | 00:06:35 | 01:00:10 | 584m | 11'16"/km |
| 21. | 194 | 00:02:33 | 01:02:43 | 205m | 12'26"/km |
| 22. | 182 | 00:03:53 | 01:06:36 | 381m | 10'12"/km |
| 23. | 173 | 00:03:23 | 01:09:59 | 239m | 14'09"/km |
| 24. | 200 | 00:01:34 | 01:11:33 | 109m | 14'22"/km |
| 25. | 999 | 00:00:41 | 01:12:14 | 72m  | 9'29"/km  |

Orienteering Software