



North Sea Trophy 2024 - DAY 3

Plaatsduinen 11.11.2024

K.O.L.

Laurence DEFRAIGNE

ASUB

Omloop : DE

Afstand : 7370m

Tijd : 1:08:13 (9'15"/km)

4/23

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Marine SILLIEN | 0:59:57 |
| 2. Gaëlle FRONHOFFS | 1:06:06 |
| 3. Greet OEYEN | 1:07:26 |

1.	135	00:03:53		297m	13'05"/km
2.	159	00:04:01	00:07:54	492m	8'10"/km
3.	147	00:01:37	00:09:31	247m	6'33"/km
4.	148	00:00:32	00:10:03	68m	7'51"/km
5.	156	00:02:14	00:12:17	271m	8'14"/km
6.	129	00:06:15	00:18:32	504m	12'24"/km
7.	125	00:02:56	00:21:28	332m	8'50"/km
8.	108	00:03:12	00:24:40	380m	8'25"/km
9.	105	00:02:06	00:26:46	228m	9'13"/km
10.	101	00:01:30	00:28:16	159m	9'26"/km
11.	117	00:03:02	00:31:18	363m	8'21"/km
12.	131	00:01:45	00:33:03	159m	11'00"/km
13.	158	00:04:28	00:37:31	532m	8'24"/km
14.	164	00:03:12	00:40:43	419m	7'38"/km
15.	165	00:01:35	00:42:18	288m	5'30"/km
16.	166	00:00:00	00:42:18	32m	0'00"/km
17.	167	00:01:08	00:43:26	129m	8'47"/km
18.	168	00:00:39	00:44:05	71m	9'09"/km
19.	179	00:02:54	00:46:59		
20.	195	00:04:16	00:51:15	417m	10'14"/km
21.	192	00:02:31	00:53:46	224m	11'14"/km
22.	190	00:01:41	00:55:27	190m	8'52"/km
23.	189	00:01:26	00:56:53	154m	9'18"/km
24.	193	00:03:29	01:00:22	283m	12'19"/km
25.	184	00:03:38	01:04:00	413m	8'48"/km
26.	169	00:02:18	01:06:18	201m	11'27"/km
27.	200	00:01:21	01:07:39	99m	13'38"/km
28.	999	00:00:34	01:08:13	72m	7'52"/km

Orienteering Software