



# North Sea Trophy 2024 - DAY 1

Schipgatduinen 9.11.2024

K.O.L.

**Helge SOEGAARD**

Rold Skov OK

Omloop : H65

Afstand : 5110m

Tijd : 2:06:48 (24'49"/km)

**40/52**

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Thomas SELLGREN | 0:53:30 |
| 2. Pierre WILLEMS  | 0:58:51 |
| 3. Pierre MARCHAL  | 0:59:49 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 105 | 00:06:08 |          | 282m | 21'45"/km |
| 2.  | 112 | 00:06:13 | 00:12:21 | 84m  | 74'00"/km |
| 3.  | 130 | 00:07:44 | 00:20:05 | 399m | 19'23"/km |
| 4.  | 127 | 00:02:03 | 00:22:08 | 139m | 14'45"/km |
| 5.  | 118 | 00:02:46 | 00:24:54 | 138m | 20'03"/km |
| 6.  | 114 | 00:13:40 | 00:38:34 | 350m | 39'03"/km |
| 7.  | 122 | 00:04:51 | 00:43:25 | 182m | 26'39"/km |
| 8.  | 126 | 00:06:35 | 00:50:00 | 195m | 33'46"/km |
| 9.  | 140 | 00:03:24 | 00:53:24 | 235m | 14'28"/km |
| 10. | 109 | 00:05:54 | 00:59:18 | 207m | 28'30"/km |
| 11. | 107 | 00:03:04 | 01:02:22 | 88m  | 34'51"/km |
| 12. | 138 | 00:06:25 | 01:08:47 | 269m | 23'51"/km |
| 13. | 104 | 00:06:44 | 01:15:31 | 265m | 25'25"/km |
| 14. | 148 | 00:06:20 | 01:21:51 | 232m | 27'18"/km |
| 15. | 146 | 00:03:27 | 01:25:18 | 158m | 21'50"/km |
| 16. | 143 | 00:05:22 | 01:30:40 | 146m | 36'45"/km |
| 17. | 151 | 00:04:09 | 01:34:49 | 156m | 26'36"/km |
| 18. | 156 | 00:09:18 | 01:44:07 | 193m | 48'11"/km |
| 19. | 153 | 00:04:01 | 01:48:08 | 141m | 28'29"/km |
| 20. | 181 | 00:06:41 | 01:54:49 | 367m | 18'13"/km |
| 21. | 172 | 00:02:56 | 01:57:45 | 181m | 16'12"/km |
| 22. | 160 | 00:03:03 | 02:00:48 | 210m | 14'31"/km |
| 23. | 167 | 00:01:20 | 02:02:08 | 92m  | 14'30"/km |
| 24. | 163 | 00:02:24 | 02:04:32 | 180m | 13'20"/km |
| 25. | 200 | 00:01:30 | 02:06:02 | 118m | 12'43"/km |
| 26. | 999 | 00:00:46 | 02:06:48 | 59m  | 13'00"/km |

Orienteering Software