



# North Sea Trophy 2024 - DAY 1

## Schipgatduinen 9.11.2024

### K.O.L.

**Ronan CLEARY**

London OK

Circuit : H60

Distance : 5520m

Temps : 1:25:47 (15'32"/km)

**26/49**

O.K.

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- |                      |         |
|----------------------|---------|
| 1. Dirk GOOSSENS     | 0:56:34 |
| 2. Luc MELIS         | 0:56:47 |
| 3. Vidar BENJAMINSEN | 0:58:21 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 108 | 00:06:29 |          | 423m | 15'20"/km |
| 2.  | 136 | 00:08:26 | 00:14:55 | 304m | 27'44"/km |
| 3.  | 143 | 00:03:52 | 00:18:47 | 192m | 20'08"/km |
| 4.  | 106 | 00:05:03 | 00:23:50 | 260m | 19'25"/km |
| 5.  | 131 | 00:06:30 | 00:30:20 | 295m | 22'02"/km |
| 6.  | 126 | 00:02:25 | 00:32:45 | 130m | 18'35"/km |
| 7.  | 119 | 00:02:49 | 00:35:34 | 177m | 15'55"/km |
| 8.  | 114 | 00:04:51 | 00:40:25 | 297m | 16'20"/km |
| 9.  | 122 | 00:02:50 | 00:43:15 | 182m | 15'34"/km |
| 10. | 128 | 00:04:58 | 00:48:13 | 260m | 19'06"/km |
| 11. | 103 | 00:07:39 | 00:55:52 | 603m | 12'41"/km |
| 12. | 150 | 00:04:01 | 00:59:53 | 245m | 16'24"/km |
| 13. | 179 | 00:05:21 | 01:05:14 | 428m | 12'30"/km |
| 14. | 177 | 00:00:55 | 01:06:09 | 88m  | 10'25"/km |
| 15. | 153 | 00:02:18 | 01:08:27 | 202m | 11'23"/km |
| 16. | 157 | 00:02:27 | 01:10:54 | 160m | 15'19"/km |
| 17. | 180 | 00:04:09 | 01:15:03 | 276m | 15'02"/km |
| 18. | 174 | 00:02:55 | 01:17:58 | 224m | 13'01"/km |
| 19. | 171 | 00:01:52 | 01:19:50 | 186m | 10'02"/km |
| 20. | 160 | 00:01:31 | 01:21:21 | 129m | 11'45"/km |
| 21. | 168 | 00:01:30 | 01:22:51 | 59m  | 25'25"/km |
| 22. | 163 | 00:01:41 | 01:24:32 | 178m | 9'27"/km  |
| 23. | 200 | 00:00:50 | 01:25:22 | 118m | 7'04"/km  |
| 24. | 999 | 00:00:25 | 01:25:47 | 59m  | 7'04"/km  |

Orienteering Software