



Forest cup HOGE VIJVERS ARENDONK 3.11.2024 K.O.L.

Alex COURSIER

TROL

Omloop : H:06

Afstand : 3160m

Tijd : 1:06:59 (21'12"/km)

6/8

O.K.

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- | | |
|-------------------|---------|
| 1. Rune SELS | 0:29:21 |
| 2. Mathijs MAENEN | 0:42:12 |
| 3. Phil MELLEBECK | 0:51:25 |

1.	149	00:05:51		250m	23'24"/km
2.	101	00:07:19	00:13:10	207m	35'21"/km
3.	136	00:07:04	00:20:14	386m	18'18"/km
4.	104	00:02:11	00:22:25	137m	15'56"/km
5.	105	00:05:36	00:28:01	245m	22'51"/km
6.	115	00:05:49	00:33:50	387m	15'02"/km
7.	125	00:07:25	00:41:15	351m	21'08"/km
8.	116	00:08:09	00:49:24	336m	24'15"/km
9.	133	00:03:40	00:53:04	147m	24'57"/km
10.	143	00:03:47	00:56:51	218m	17'21"/km
11.	119	00:04:31	01:01:22	227m	19'54"/km
12.	999	00:05:37	01:06:59	271m	20'44"/km

HELGA

Orienteering Software