



# Forest cup HOGE VIJVERS ARENDONK 3.11.2024 K.O.L.

**Johan DESMIDT**

Omega

Circuit : H:03

Distance : 6090m

Temps : 1:32:09 (15'08"/km)

**25/29**

O.K.

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- |                  |         |
|------------------|---------|
| 1. Pjotr MERTENS | 0:45:30 |
| 2. Noël NIJSTEN  | 0:48:15 |
| 3. Lou SNYERS    | 0:53:09 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 135 | 00:04:23 |          | 289m | 15'10"/km |
| 2.  | 101 | 00:03:33 | 00:07:56 | 225m | 15'47"/km |
| 3.  | 102 | 00:03:26 | 00:11:22 | 219m | 15'41"/km |
| 4.  | 155 | 00:03:11 | 00:14:33 | 308m | 10'20"/km |
| 5.  | 131 | 00:05:44 | 00:20:17 | 442m | 12'58"/km |
| 6.  | 130 | 00:09:14 | 00:29:31 | 432m | 21'22"/km |
| 7.  | 103 | 00:07:31 | 00:37:02 | 351m | 21'25"/km |
| 8.  | 122 | 00:05:48 | 00:42:50 | 482m | 12'02"/km |
| 9.  | 105 | 00:04:57 | 00:47:47 | 472m | 10'29"/km |
| 10. | 136 | 00:04:22 | 00:52:09 | 362m | 12'04"/km |
| 11. | 124 | 00:04:01 | 00:56:10 | 213m | 18'51"/km |
| 12. | 137 | 00:10:33 | 01:06:43 | 829m | 12'44"/km |
| 13. | 138 | 00:03:05 | 01:09:48 | 175m | 17'37"/km |
| 14. | 133 | 00:14:13 | 01:24:01 | 669m | 21'15"/km |
| 15. | 119 | 00:06:02 | 01:30:03 | 349m | 17'17"/km |
| 16. | 999 | 00:02:06 | 01:32:09 | 271m | 7'45"/km  |

Orienteering Software