



# Forest cup HOGE VIJVERS ARENDONK 3.11.2024 K.O.L.

**Wim VERVOORT**

TROL

Circuit : H:03

Distance : 6090m

Temps : 0:58:04 (9'32"/km)

**7/29**

O.K.

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- |                  |         |
|------------------|---------|
| 1. Pjotr MERTENS | 0:45:30 |
| 2. Noël NIJSTEN  | 0:48:15 |
| 3. Lou SNYERS    | 0:53:09 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 135 | 00:02:40 |          | 289m | 9'14"/km  |
| 2.  | 101 | 00:01:43 | 00:04:23 | 225m | 7'38"/km  |
| 3.  | 102 | 00:02:41 | 00:07:04 | 219m | 12'15"/km |
| 4.  | 155 | 00:02:24 | 00:09:28 | 308m | 7'48"/km  |
| 5.  | 131 | 00:03:12 | 00:12:40 | 442m | 7'14"/km  |
| 6.  | 130 | 00:04:02 | 00:16:42 | 432m | 9'20"/km  |
| 7.  | 103 | 00:03:15 | 00:19:57 | 351m | 9'16"/km  |
| 8.  | 122 | 00:03:41 | 00:23:38 | 482m | 7'39"/km  |
| 9.  | 105 | 00:03:46 | 00:27:24 | 472m | 7'59"/km  |
| 10. | 136 | 00:05:42 | 00:33:06 | 362m | 15'45"/km |
| 11. | 124 | 00:04:46 | 00:37:52 | 213m | 22'23"/km |
| 12. | 137 | 00:06:59 | 00:44:51 | 829m | 8'25"/km  |
| 13. | 138 | 00:01:59 | 00:46:50 | 175m | 11'20"/km |
| 14. | 133 | 00:05:42 | 00:52:32 | 669m | 8'31"/km  |
| 15. | 119 | 00:03:52 | 00:56:24 | 349m | 11'05"/km |
| 16. | 999 | 00:01:40 | 00:58:04 | 271m | 6'09"/km  |

Orienteering Software