



# Forest cup HOGE VIJVERS ARENDONK 3.11.2024 K.O.L.

**Raf MAES**

hamok

Percorso : H:02

Distancia : 7910m

Tempo : 1:18:13 (9'53"/km)

**14/28**

O.K.

[Resultados completos em Webres](#)

|                  |         |
|------------------|---------|
| 1. Kim JANSEN    | 0:58:21 |
| 2. Roel SMOLDERS | 0:59:38 |
| 3. Marc MEEUWSEN | 1:04:43 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 124 | 00:03:40 |          | 525m | 6'59"/km  |
| 2.  | 115 | 00:05:44 | 00:09:24 | 693m | 8'16"/km  |
| 3.  | 125 | 00:04:06 | 00:13:30 | 351m | 11'41"/km |
| 4.  | 126 | 00:03:17 | 00:16:47 | 301m | 10'54"/km |
| 5.  | 105 | 00:05:07 | 00:21:54 | 541m | 9'27"/km  |
| 6.  | 103 | 00:04:13 | 00:26:07 | 539m | 7'49"/km  |
| 7.  | 127 | 00:03:56 | 00:30:03 | 432m | 9'06"/km  |
| 8.  | 128 | 00:03:19 | 00:33:22 | 392m | 8'28"/km  |
| 9.  | 113 | 00:04:45 | 00:38:07 | 383m | 12'24"/km |
| 10. | 134 | 00:02:58 | 00:41:05 | 382m | 7'46"/km  |
| 11. | 129 | 00:04:23 | 00:45:28 | 183m | 23'57"/km |
| 12. | 130 | 00:06:09 | 00:51:37 | 189m | 32'32"/km |
| 13. | 131 | 00:03:17 | 00:54:54 | 432m | 7'36"/km  |
| 14. | 155 | 00:03:32 | 00:58:26 | 442m | 8'00"/km  |
| 15. | 102 | 00:02:24 | 01:00:50 | 308m | 7'48"/km  |
| 16. | 132 | 00:02:47 | 01:03:37 | 237m | 11'45"/km |
| 17. | 104 | 00:04:15 | 01:07:52 | 345m | 12'19"/km |
| 18. | 133 | 00:05:05 | 01:12:57 | 619m | 8'13"/km  |
| 19. | 119 | 00:03:56 | 01:16:53 | 349m | 11'16"/km |
| 20. | 999 | 00:01:20 | 01:18:13 | 271m | 4'55"/km  |

Orienteering Software