



Forest cup HOGE VIJVERS ARENDONK 3.11.2024 K.O.L.

Frederik MEYNEN

hamok

Omloop : H:01

Afstand : 9470m

Tijd : 1:34:57 (10'02"/km)

12/28

O.K.

[Volledige uitslagen op Webres](#)

1. Winston FRANSSEN	1:07:24
2. Jeroen HOEKX	1:09:36
3. Arno KEUPPENS	1:10:41

1.	149	00:02:11		250m	8'44"/km
2.	124	00:04:54	00:07:05	402m	12'11"/km
3.	136	00:02:04	00:09:09	213m	9'42"/km
4.	132	00:02:49	00:11:58	287m	9'49"/km
5.	103	00:03:26	00:15:24	300m	11'27"/km
6.	121	00:03:31	00:18:55	414m	8'30"/km
7.	122	00:01:56	00:20:51	223m	8'40"/km
8.	107	00:04:46	00:25:37	553m	8'37"/km
9.	123	00:03:35	00:29:12	437m	8'12"/km
10.	108	00:03:55	00:33:07	360m	10'53"/km
11.	109	00:02:23	00:35:30	259m	9'12"/km
12.	110	00:03:13	00:38:43	368m	8'44"/km
13.	111	00:07:42	00:46:25	656m	11'44"/km
14.	112	00:06:36	00:53:01	203m	32'31"/km
15.	120	00:02:24	00:55:25	219m	10'58"/km
16.	113	00:04:51	01:00:16	560m	8'40"/km
17.	114	00:04:10	01:04:26	224m	18'36"/km
18.	130	00:03:26	01:07:52	383m	8'58"/km
19.	106	00:06:19	01:14:11	705m	8'58"/km
20.	115	00:06:33	01:20:44	755m	8'41"/km
21.	116	00:03:32	01:24:16	455m	7'46"/km
22.	117	00:02:53	01:27:09	300m	9'37"/km
23.	118	00:01:29	01:28:38	161m	9'13"/km
24.	119	00:04:47	01:33:25	506m	9'27"/km
25.	999	00:01:32	01:34:57	271m	5'39"/km

Orienteering Software