



Forest cup HOGE VIJVERS ARENDONK 3.11.2024 K.O.L.

Winand BERNAERS

K.O.L.

Circuit : H:01

Distance : 9470m

Temps : 1:24:37 (8'56"/km)

8/28

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Winston FRANSSEN | 1:07:24 |
| 2. Jeroen HOEKX | 1:09:36 |
| 3. Arno KEUPPENS | 1:10:41 |

1.	149	00:01:52		250m	7'28"/km
2.	124	00:03:22	00:05:14	402m	8'22"/km
3.	136	00:02:15	00:07:29	213m	10'34"/km
4.	132	00:02:30	00:09:59	287m	8'43"/km
5.	103	00:02:53	00:12:52	300m	9'37"/km
6.	121	00:03:07	00:15:59	414m	7'32"/km
7.	122	00:02:22	00:18:21	223m	10'37"/km
8.	107	00:05:10	00:23:31	553m	9'21"/km
9.	123	00:04:12	00:27:43	437m	9'37"/km
10.	108	00:03:48	00:31:31	360m	10'33"/km
11.	109	00:02:42	00:34:13	259m	10'25"/km
12.	110	00:03:48	00:38:01	368m	10'20"/km
13.	111	00:05:58	00:43:59	656m	9'06"/km
14.	112	00:02:14	00:46:13	203m	11'00"/km
15.	120	00:02:51	00:49:04	219m	13'01"/km
16.	113	00:04:41	00:53:45	560m	8'22"/km
17.	114	00:02:51	00:56:36	224m	12'43"/km
18.	130	00:03:05	00:59:41	383m	8'03"/km
19.	106	00:04:41	01:04:22	705m	6'39"/km
20.	115	00:05:55	01:10:17	755m	7'50"/km
21.	116	00:03:41	01:13:58	455m	8'06"/km
22.	117	00:03:26	01:17:24	300m	11'27"/km
23.	118	00:01:30	01:18:54	161m	9'19"/km
24.	119	00:04:34	01:23:28	506m	9'02"/km
25.	999	00:01:09	01:24:37	271m	4'15"/km

Orienteering Software