



**Forest cup HOGE VIJVERS**  
**ARENDONK 3.11.2024**  
**K.O.L.**

**Lia DE KERF**

TROL

Circuit : D:06

Distance : 3160m

Temps : 1:22:44 (26'11"/km)

**3/4**

O.K.

[Résultats complets sur Webres](#)

- |                     |         |
|---------------------|---------|
| 1. Odette MORET     | 0:54:20 |
| 2. Paulette BLOMMEN | 0:58:13 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 149 | 00:04:46 |          | 250m | 19'04"/km |
| 2.  | 101 | 00:12:18 | 00:17:04 | 207m | 59'25"/km |
| 3.  | 136 | 00:07:50 | 00:24:54 | 386m | 20'18"/km |
| 4.  | 104 | 00:03:08 | 00:28:02 | 137m | 22'52"/km |
| 5.  | 105 | 00:04:27 | 00:32:29 | 245m | 18'10"/km |
| 6.  | 115 | 00:07:03 | 00:39:32 | 387m | 18'13"/km |
| 7.  | 125 | 00:09:29 | 00:49:01 | 351m | 27'01"/km |
| 8.  | 116 | 00:14:01 | 01:03:02 | 336m | 41'43"/km |
| 9.  | 133 | 00:07:10 | 01:10:12 | 147m | 48'45"/km |
| 10. | 143 | 00:04:33 | 01:14:45 | 218m | 20'52"/km |
| 11. | 119 | 00:04:30 | 01:19:15 | 227m | 19'49"/km |
| 12. | 999 | 00:03:29 | 01:22:44 | 271m | 12'51"/km |

HELGA

Orienteering Software