



PROJETO SE ORIENTA DF 2024 INÍCIO:09:00h
SQS 112/113 5.10.2024
SE ORIENTA DF

Laura Patrício Macedo

OUTROS

Percurso : INICIANTE

Distancia : 1900m (Desnivel 5m)

Tempo : 0:19:27 (10'14"/km)

4/17

O.K.

[Resultados completos em Webres](#)

- | | |
|-----------------------------------|---------|
| 1. Nilson Viana Gramosa | 0:16:19 |
| 2. Newton Almeida De Souza Junior | 0:18:35 |
| 3. Ana Beatriz Alves Da Silva | 0:19:01 |

1.	31	00:00:56		90m	10'22"/km
2.	32	00:01:34	00:02:30	143m	10'57"/km
3.	33	00:01:34	00:04:04	89m	17'36"/km
4.	34	00:00:56	00:05:00	90m	10'22"/km
5.	35	00:01:23	00:06:23	149m	9'17"/km
6.	36	00:01:37	00:08:00	192m	8'25"/km
7.	42	00:03:11	00:11:11	223m	14'17"/km
8.	41	00:01:50	00:13:01	244m	7'31"/km
9.	39	00:02:40	00:15:41	234m	11'24"/km
10.	40	00:01:43	00:17:24	161m	10'40"/km
11.	37	00:01:11	00:18:35	130m	9'06"/km
12.	38	00:00:33	00:19:08	81m	6'47"/km
13.	999	00:00:19	00:19:27	29m	10'55"/km

HELGA

Orienteering Software