



# Training Volmersberg Volmersberg 27.10.2024 O.L.G. St. Vith ARDOC

**Walter THEODOR**

O.L.G. St. Vith ARDOC

Strecke : H:03

Länge : 3120m (Steigung 90m)

Zeit : 0:59:24 (19'02"/km)

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O.K.

[Vollständige Ergebnisse auf Webres](#)

|                     |         |
|---------------------|---------|
| 1. Thomas CHATTLAIN | 0:42:25 |
| 2. Andreas HOCK     | 0:53:05 |
| 3. Gabriel HOCK     | 0:53:06 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 221 | 00:01:24 |          | 203m | 6'54"/km  |
| 2.  | 214 | 00:08:48 | 00:10:12 | 218m | 40'22"/km |
| 3.  | 213 | 00:02:12 | 00:12:24 | 114m | 19'18"/km |
| 4.  | 216 | 00:02:16 | 00:14:40 | 159m | 14'15"/km |
| 5.  | 219 | 00:07:30 | 00:22:10 | 418m | 17'57"/km |
| 6.  | 220 | 00:06:22 | 00:28:32 | 185m | 34'25"/km |
| 7.  | 217 | 00:04:53 | 00:33:25 | 182m | 26'50"/km |
| 8.  | 215 | 00:04:19 | 00:37:44 | 311m | 13'53"/km |
| 9.  | 211 | 00:06:44 | 00:44:28 | 376m | 17'54"/km |
| 10. | 203 | 00:08:55 | 00:53:23 | 557m | 16'01"/km |
| 11. | 207 | 00:02:00 | 00:55:23 | 122m | 16'24"/km |
| 12. | 208 | 00:02:29 | 00:57:52 | 201m | 12'21"/km |
| 13. | 999 | 00:01:32 | 00:59:24 | 77m  | 19'55"/km |

HELGA

Orienteering Software