



Training Volmersberg

Volmersberg 27.10.2024

O.L.G. St. Vith ARDOC

Luca LENGES

O.L.V. Eifel

Course : H:02

Distance : 4200m (Climbing 125m)

Time : 0:49:01 (11'40"/km)

4/6

O.K.

[Full result on Webres](#)

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|--------------------|---------|
| 1. Noah BACKES | 0:37:03 |
| 2. Werner HOFFMANN | 0:43:39 |
| 3. Karl SCHWALL | 0:45:55 |

1.	214	00:02:05		164m	12'42"/km
2.	221	00:01:58	00:04:03	218m	9'01"/km
3.	222	00:02:48	00:06:51	219m	12'47"/km
4.	223	00:02:05	00:08:56	191m	10'54"/km
5.	211	00:04:06	00:13:02	395m	10'23"/km
6.	219	00:06:24	00:19:26	761m	8'25"/km
7.	220	00:04:19	00:23:45	185m	23'20"/km
8.	218	00:02:04	00:25:49	159m	13'00"/km
9.	217	00:00:43	00:26:32	85m	8'26"/km
10.	213	00:02:47	00:29:19	402m	6'55"/km
11.	212	00:02:41	00:32:00	220m	12'12"/km
12.	210	00:01:40	00:33:40	199m	8'23"/km
13.	209	00:07:21	00:41:01	145m	50'41"/km
14.	202	00:02:28	00:43:29	251m	9'50"/km
15.	203	00:02:11	00:45:40	206m	10'36"/km
16.	207	00:00:59	00:46:39	122m	8'04"/km
17.	208	00:01:12	00:47:51	201m	5'58"/km
18.	999	00:01:10	00:49:01	77m	15'09"/km

Orienteering Software