



Training Volmersberg

Volmersberg 27.10.2024

O.L.G. St. Vith ARDOC

Werner HOFFMANN

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Circuit : H:02

Distance : 4200m (Dénivelé 125m)

Temps : 0:43:39 (10'24"/km)

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O.K.

[Résultats complets sur Webres](#)

1. Noah BACKES 0:37:03
3. Karl SCHWALL 0:45:55

1.	214	00:01:19		164m	8'02"/km
2.	221	00:02:31	00:03:50	218m	11'33"/km
3.	222	00:02:21	00:06:11	219m	10'44"/km
4.	223	00:02:43	00:08:54	191m	14'13"/km
5.	211	00:04:05	00:12:59	395m	10'20"/km
6.	219	00:05:29	00:18:28	761m	7'12"/km
7.	220	00:02:09	00:20:37	185m	11'37"/km
8.	218	00:02:44	00:23:21	159m	17'11"/km
9.	217	00:00:56	00:24:17	85m	10'59"/km
10.	213	00:03:36	00:27:53	402m	8'57"/km
11.	212	00:02:07	00:30:00	220m	9'37"/km
12.	210	00:02:09	00:32:09	199m	10'48"/km
13.	209	00:02:22	00:34:31	145m	16'19"/km
14.	202	00:02:40	00:37:11	251m	10'37"/km
15.	203	00:02:28	00:39:39	206m	11'58"/km
16.	207	00:01:13	00:40:52	122m	9'58"/km
17.	208	00:01:30	00:42:22	201m	7'28"/km
18.	999	00:01:17	00:43:39	77m	16'40"/km

Orienteering Software