



# Training Volmersberg Volmersberg 27.10.2024 O.L.G. St. Vith ARDOC

**Werner HOFFMANN**

O.L.G. St. Vith ARDOC

Strecke : H:02

Länge : 4200m (Steigung 125m)

Zeit : 0:43:39 (10'24"/km)

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O.K.

[Vollständige Ergebnisse auf Webres](#)

|                 |         |
|-----------------|---------|
| 1. Noah BACKES  | 0:37:03 |
| 3. Karl SCHWALL | 0:45:55 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 214 | 00:01:19 |          | 164m | 8'02"/km  |
| 2.  | 221 | 00:02:31 | 00:03:50 | 218m | 11'33"/km |
| 3.  | 222 | 00:02:21 | 00:06:11 | 219m | 10'44"/km |
| 4.  | 223 | 00:02:43 | 00:08:54 | 191m | 14'13"/km |
| 5.  | 211 | 00:04:05 | 00:12:59 | 395m | 10'20"/km |
| 6.  | 219 | 00:05:29 | 00:18:28 | 761m | 7'12"/km  |
| 7.  | 220 | 00:02:09 | 00:20:37 | 185m | 11'37"/km |
| 8.  | 218 | 00:02:44 | 00:23:21 | 159m | 17'11"/km |
| 9.  | 217 | 00:00:56 | 00:24:17 | 85m  | 10'59"/km |
| 10. | 213 | 00:03:36 | 00:27:53 | 402m | 8'57"/km  |
| 11. | 212 | 00:02:07 | 00:30:00 | 220m | 9'37"/km  |
| 12. | 210 | 00:02:09 | 00:32:09 | 199m | 10'48"/km |
| 13. | 209 | 00:02:22 | 00:34:31 | 145m | 16'19"/km |
| 14. | 202 | 00:02:40 | 00:37:11 | 251m | 10'37"/km |
| 15. | 203 | 00:02:28 | 00:39:39 | 206m | 11'58"/km |
| 16. | 207 | 00:01:13 | 00:40:52 | 122m | 9'58"/km  |
| 17. | 208 | 00:01:30 | 00:42:22 | 201m | 7'28"/km  |
| 18. | 999 | 00:01:17 | 00:43:39 | 77m  | 16'40"/km |

Orienteering Software