



Herfstwisselbeker

Kasterlee 20.10.2024

TROL

Bram BOECKX

TROL 4

Percorso : H:2 Oro-Hydro

Distancia : 6820m (Desnivel 70m)

Tempo : 1:19:08 (11'36"/km)

3/16

O.K.

[Resultados completos em Webres](#)

- | | |
|---------------------|---------|
| 1. Desmond FRANSSEN | 0:55:06 |
| 2. Torben AERDEN | 1:14:48 |

1.	101	00:01:40		158m	10'33"/km
2.	145	00:00:45	00:02:25		
3.	104	00:02:00	00:04:25	183m	10'56"/km
4.	105	00:02:56	00:07:21	275m	10'40"/km
5.	109	00:01:15	00:08:36	134m	9'20"/km
6.	103	00:02:26	00:11:02	308m	7'54"/km
7.	149	00:02:20	00:13:22	269m	8'40"/km
8.	115	00:02:34	00:15:56	323m	7'57"/km
9.	157	00:02:58	00:18:54	278m	10'40"/km
10.	120	00:01:48	00:20:42	165m	10'55"/km
11.	125	00:03:19	00:24:01	281m	11'48"/km
12.	143	00:05:01	00:29:02	411m	12'12"/km
13.	162	00:01:59	00:31:01	164m	12'06"/km
14.	144	00:05:38	00:36:39		
15.	138	00:03:01	00:39:40	343m	8'48"/km
16.	139	00:01:20	00:41:00	138m	9'40"/km
17.	135	00:04:57	00:45:57	293m	16'54"/km
18.	140	00:03:30	00:49:27	359m	9'45"/km
19.	134	00:02:14	00:51:41	246m	9'05"/km
20.	148	00:01:27	00:53:08	159m	9'07"/km
21.	150	00:01:36	00:54:44		
22.	132	00:01:27	00:56:11	87m	16'40"/km
23.	123	00:02:31	00:58:42		
24.	160	00:01:18	01:00:00		
25.	127	00:01:30	01:01:30		
26.	128	00:02:21	01:03:51	195m	12'03"/km
27.	130	00:01:28	01:05:19	141m	10'24"/km
28.	123	00:03:20	01:08:39	316m	10'33"/km
29.	152	00:02:58	01:11:37	266m	11'09"/km
30.	124	00:03:01	01:14:38	322m	9'22"/km
31.	154	00:01:18	01:15:56	130m	10'00"/km
32.	151	00:01:39	01:17:35	156m	10'35"/km
33.	999	00:01:33	01:19:08	226m	6'52"/km