



Herfstwisselbeker

Kasterlee 20.10.2024

TROL

Jonathan BERNAERS

KOL 5

Percorso : H:1 Oro-Hydro

Distancia : 8490m (Desnivel 90m)

Tempo : 2:02:11 (14'23"/km)

21/29

O.K.

[Resultados completos em Webres](#)

1. Rune DE CLERCQ	0:59:27
2. Jeroen HOEKX	1:04:15
3. Nico CEUNEN	1:05:04

1.	102	00:01:58		261m	7'32"/km
2.	108	00:01:26	00:03:24	199m	7'12"/km
3.	105	00:02:56	00:06:20	384m	7'38"/km
4.	109	00:00:58	00:07:18	134m	7'13"/km
5.	104	00:02:11	00:09:29	311m	7'01"/km
6.	111	00:03:24	00:12:53	168m	20'14"/km
7.	110	00:05:32	00:18:25	112m	49'24"/km
8.	149	00:05:04	00:23:29	161m	31'28"/km
9.	120	00:10:18	00:33:47	510m	20'12"/km
10.	121	00:01:59	00:35:46	152m	13'03"/km
11.	155	00:07:15	00:43:01	395m	18'21"/km
12.	115	00:01:26	00:44:27	170m	8'26"/km
13.	153	00:03:24	00:47:51	339m	10'02"/km
14.	117	00:01:21	00:49:12	104m	12'59"/km
15.	116	00:01:38	00:50:50	181m	9'01"/km
16.	119	00:03:41	00:54:31	429m	8'35"/km
17.	128	00:05:54	01:00:25	666m	8'52"/km
18.	129	00:00:58	01:01:23	74m	13'04"/km
19.	130	00:01:25	01:02:48	116m	12'13"/km
20.	139	00:10:21	01:13:09	276m	37'30"/km
21.	162	00:04:00	01:17:09	437m	9'09"/km
22.	143	00:11:28	01:28:37	164m	69'55"/km
23.	137	00:03:15	01:31:52	259m	12'33"/km
24.	138	00:03:58	01:35:50	118m	33'37"/km
25.	136	00:01:40	01:37:30	175m	9'31"/km
26.	135	00:03:08	01:40:38	228m	13'45"/km
27.	141	00:04:52	01:45:30	230m	21'10"/km
28.	146	00:01:15	01:46:45	175m	7'09"/km
29.	147	00:02:13	01:48:58	222m	9'59"/km
30.	125	00:04:15	01:53:13	454m	9'22"/km
31.	152	00:03:22	01:56:35	310m	10'52"/km
32.	126	00:02:00	01:58:35	216m	9'16"/km
33.	154	00:01:12	01:59:47	98m	12'15"/km
34.	999	00:02:24	02:02:11	259m	9'16"/km